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PFAS: Beyond the Basics Training

Biosolids

Source Zones

Fate and Transport

**Characterization and
Treatment**



ECOS

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ITRC PFAS Resources

ITRC PFAS: <https://pfas-1.itrcweb.org/>

Guidance Document

13 Fact Sheets

External Tables

PFAS Introductory Training

- Clu-In Archive: <https://www.clu-in.org/conf/itrc/PFAS-Introductory/>

Other video resources

- Available through links on: <https://pfas-1.itrcweb.org>
- Quick Explainer Videos
- Longer PFAS Training Modules
- Archived Roundtable Sessions

ITRC PFAS:

“Beyond the Basics” Training Modules



Biosolids & PFAS Fate and Transport in the Vadose Zone

Source Zone
Characteristics

Vadose Zone
Controls on
Mobility

Field Scale Fate,
Transport,
Uptake

Characterization
and Treatment

Additional Biosolids Considerations &
Summary

Source Zones

Fate and Transport

**Characterization and
Treatment**

Biosolids

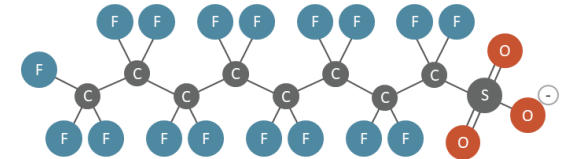
PFAS (per- and polyfluoroalkyl substances)

Perfluoroalkyl substances

- PFAAs typically in anionic form
 - Sometime named based on acid or salt
- Mobility
 - PFCAs > PFSAs
 - Short chain > long chain
 - PFAAs may be present in linear or branched form - change in structure also affects sorption/mobility in the environment
- See Sections 2.2 and Section 4.3 for detail

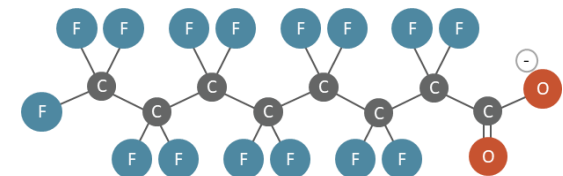
Perfluoroalkyl acids, or PFAAs

PFSAs (perfluoroalkane sulfonates)



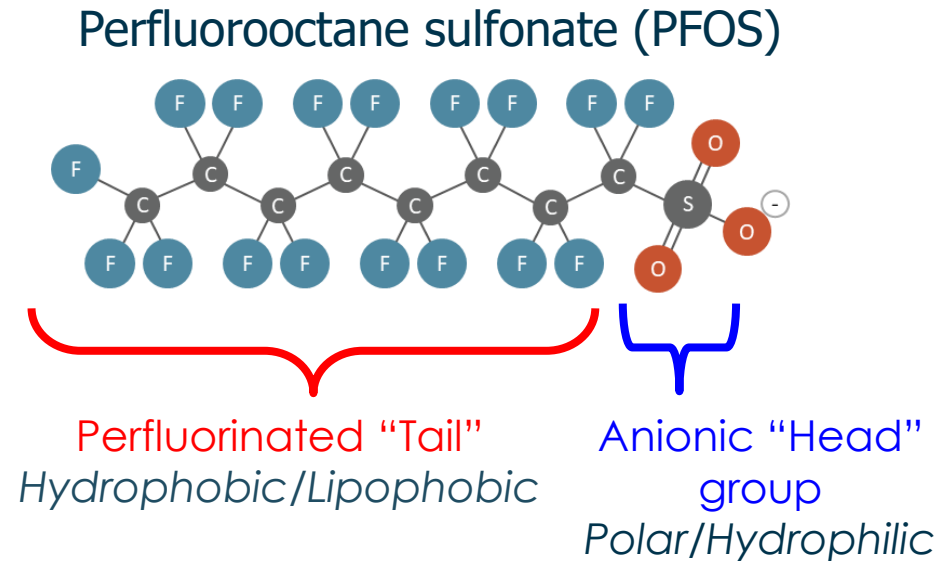
PFOS (perfluorooctane sulfonate)

PFCAs (perfluoroalkyl carboxylates)



PFOA (perfluorooctane carboxylate)

The Heads and Tails of PFAs



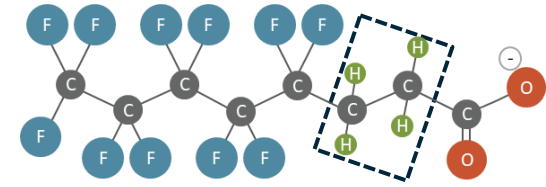
Perfluoroalkyl acids (PFAAs) are extremely persistent in the environment and are mobile in groundwater

PFAS (per- and polyfluoroalkyl substances)

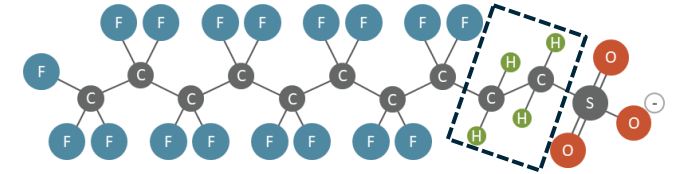
Polyfluoroalkyl substances

- Fluorotelomers (FT...), sulfonamide/sulfoanamido groups, diPAPs
- Neutral, anions, cations, zwitterions
- “Precursors”

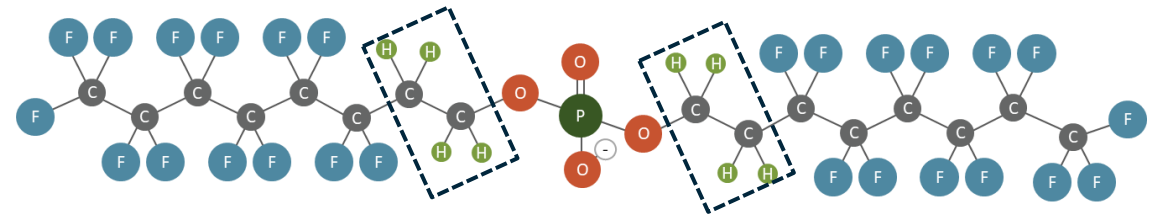
5:3 Fluorotelomer carboxylate (5:3 FTCA)



8:2 Fluorotelomer sulfonate (8:2 FTS)



6:2 Polyfluoroalkyl Phosphate Diester (6:2 diPAP)



Biosolids and PFAS Fate and Transport in the Vadose Zone

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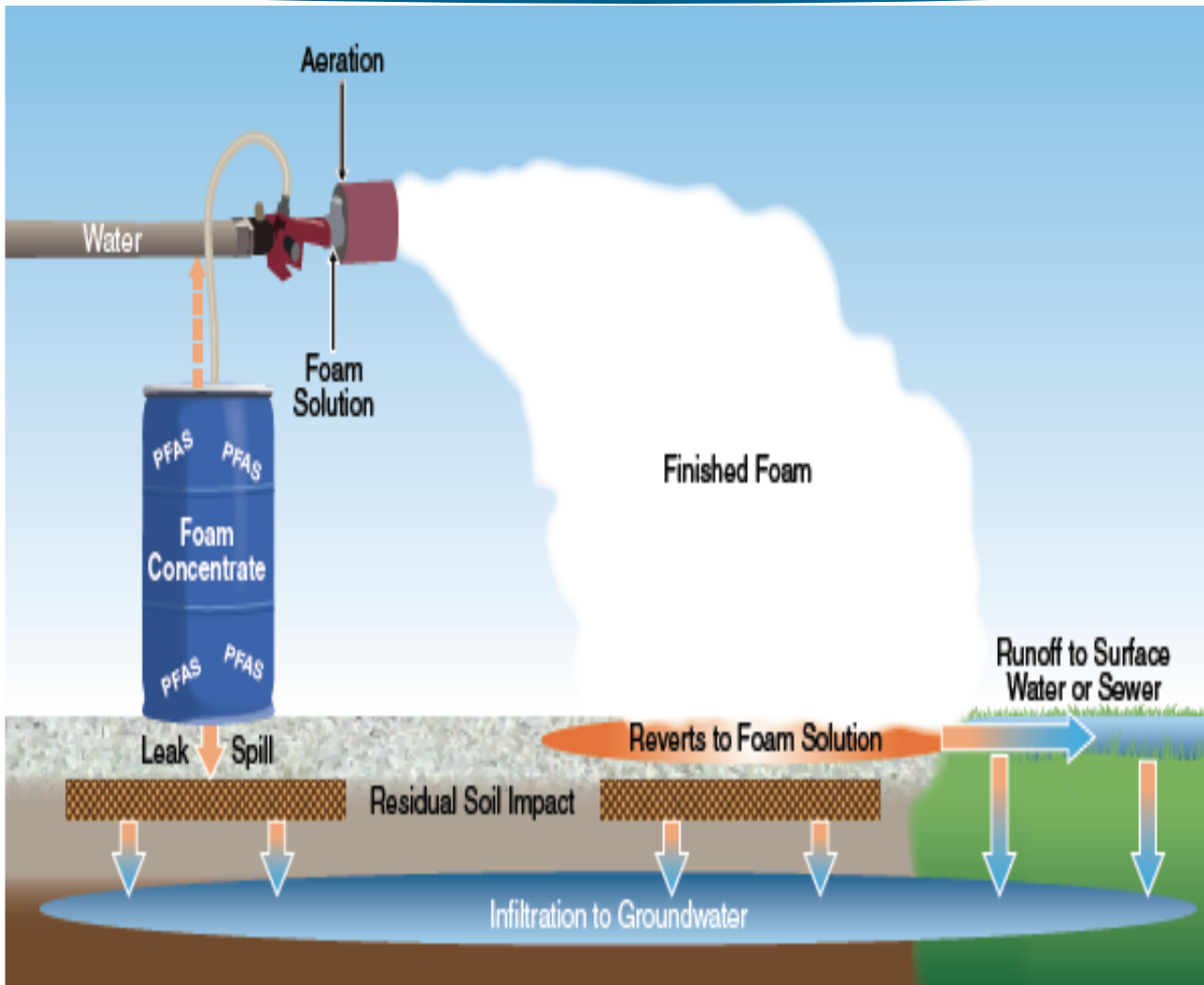
Source Zones

Fate and Transport

**Characterization and
Treatment**

Biosolids

Aqueous Film Forming Foams (AFFF) Source Zones



Foam release:

- **Spills, Leaks**
 - Low volume releases of foam concentrate
- **Firefighting Operations**
 - Moderate volume discharge of foam solution
 - Infrequent high-volume, broadcast discharge
- **Historic Training Operations, Equipment Checks**
 - Periodic, high volume, broadcast discharge

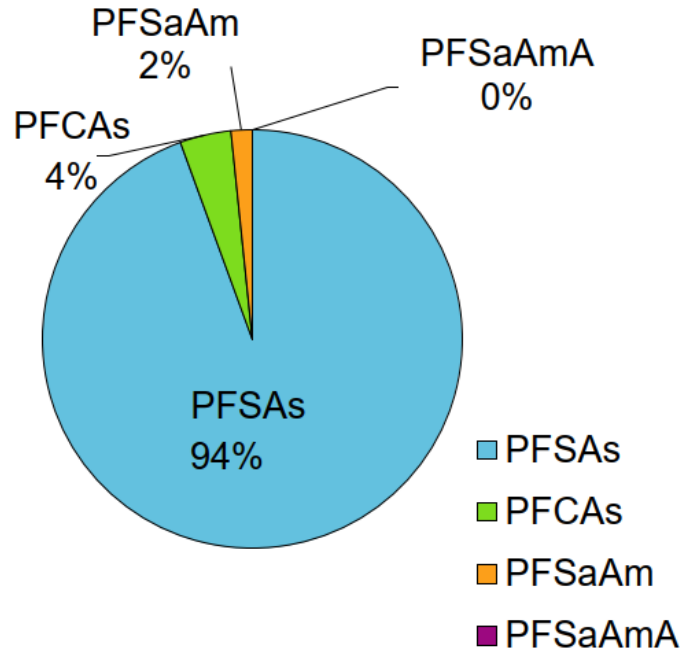
PFAS-1, Figure 3-4 Release of firefighting foam.

Source: Adapted from figure by J. Hale, Kleinfelder, used with permission.

PFAS-1, Section 3.3 Mechanisms for Release to the Environment.

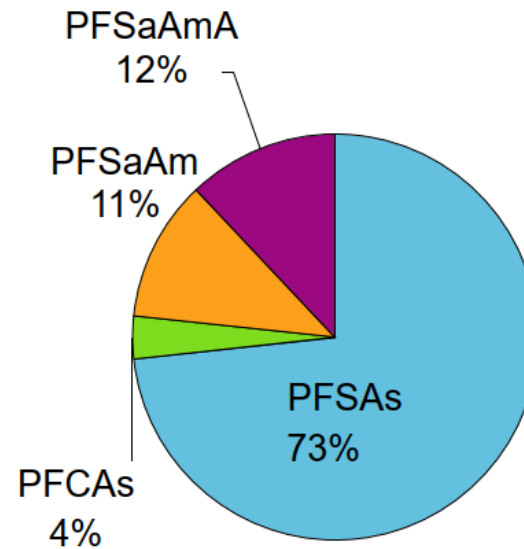
AFFF Source Zones – Product Chemistry Changed

1989 3M AFFF

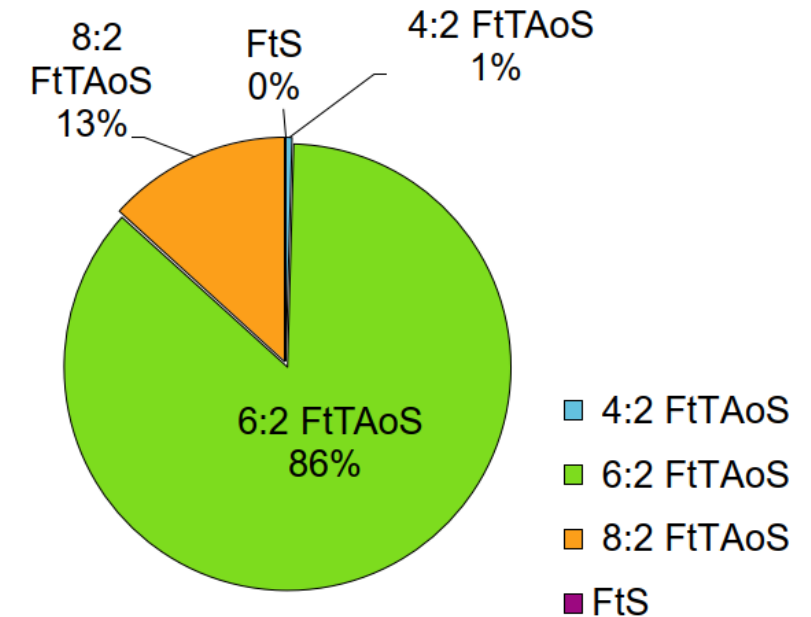


Electrochemical Fluorination

1993-2001 3M AFFF



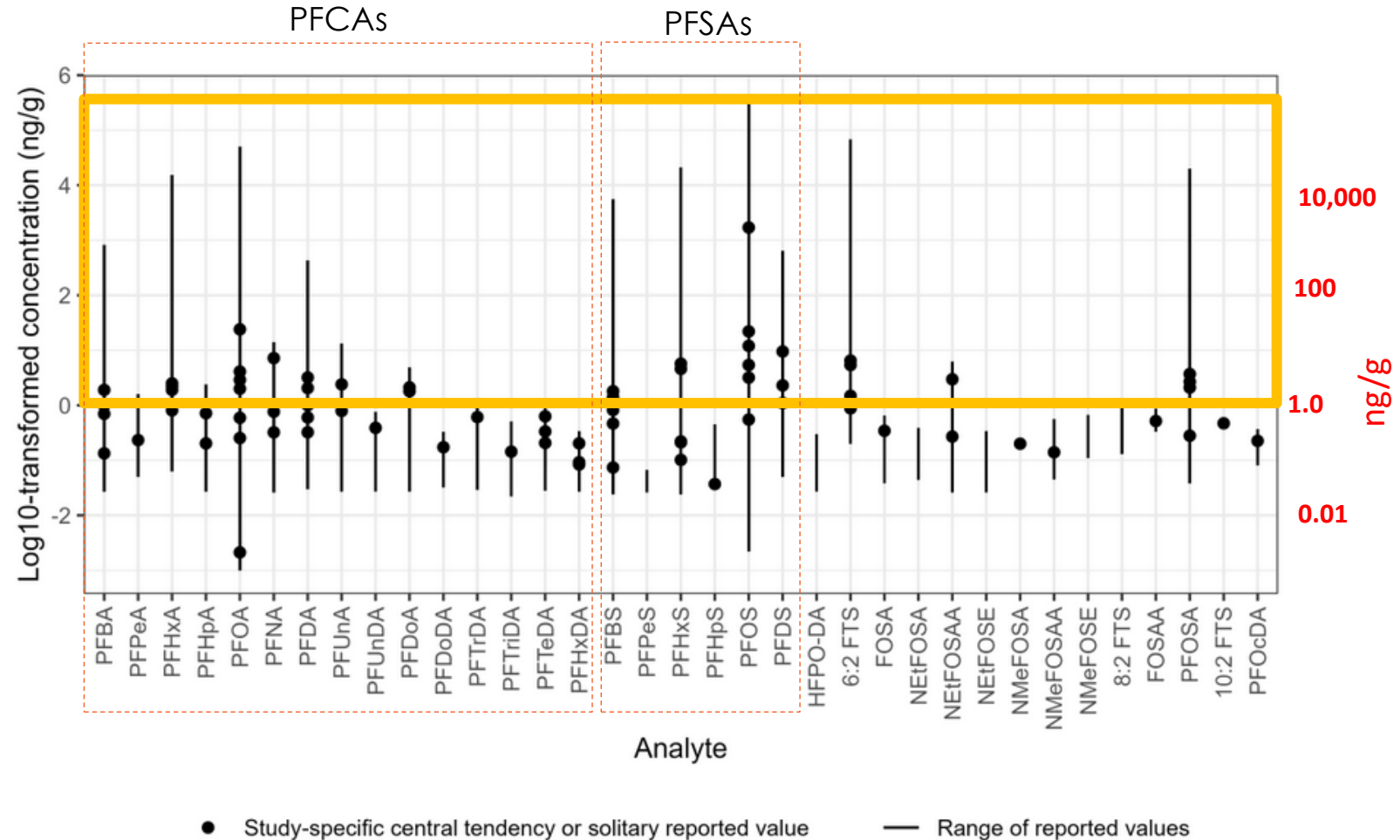
2008 Ansul AFFF



Fluorotelomerization

AFFF Source Zones – PFAS Occurrence

- Suite of PFAS PFSAs, PFCAs most common
 - 6:2 FTS, PFOSA also present
- Upper bound of reported concentration in soil orders of magnitude greater than other sites
- Extent generally limited to application area (location of activity)
 - Impact extended by subsequent transport (runoff, infiltration)
 - Highest detections generally found in shallow soils



Sources: Brusseau et al. (2020), Groffen et al. (2019), Sanborn Head & Associates (2022), Sorengard et al. (2022), USGS (2022), Wang et al. (2018)

PFAS-1, 2023 Section 6 Figure 6-2A, Observed PFAS concentrations in site and anthropogenic background soil. Source: Figure developed using ggplot2 (Wickham 2016).

AFFF Source Zones – Vadose-Zone PFAS Transport

- High-concentration training area vs low-concentration (e.g., 1-time release at vehicle fire)
 - Higher source concentrations may = migration of PFAS to depths up to 30 m
 - Relative increase in short chain vs long chain PFAS with depth
- Biological/abiotic transformation of precursors to PFAAs
- Physical and chemical properties (PFAS and soils)

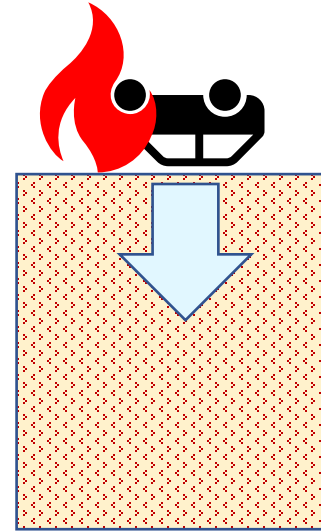
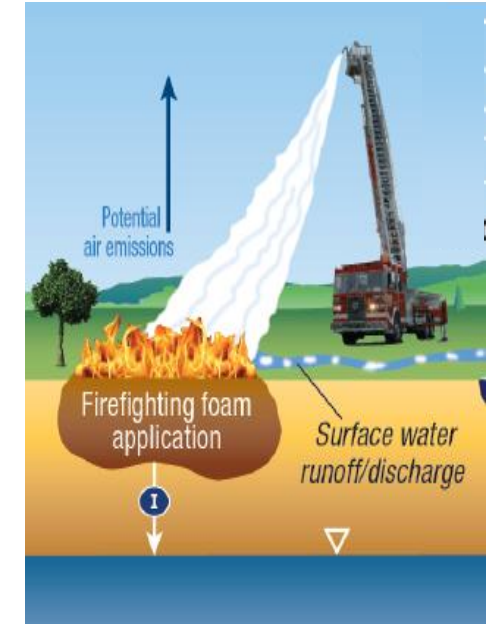
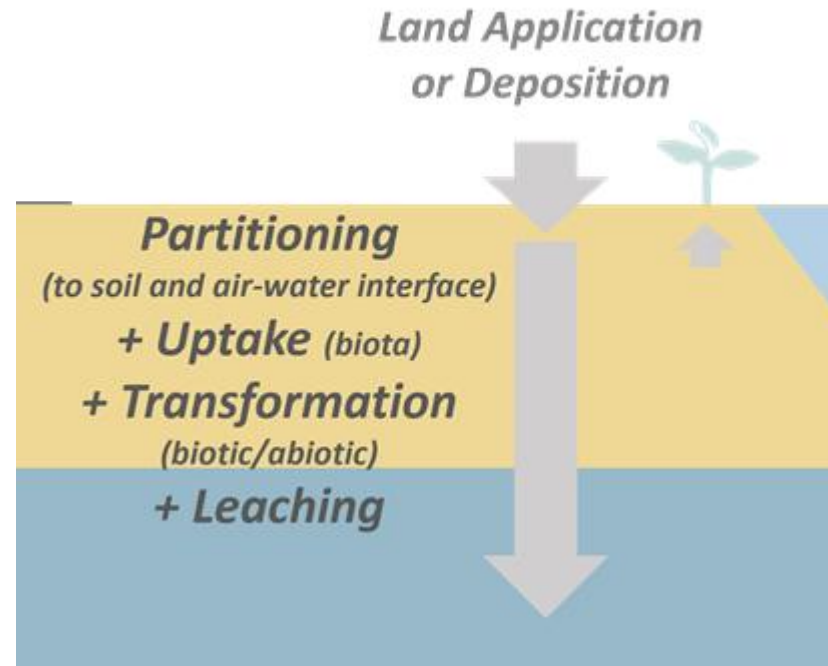


Figure Source: C. Evans, ME DEP, used with permission.



PFAS-1, Figure 2-19. Figure Adapted from figure by L. Trozzolo, TRC, used with permission.

Biosolids Source Zones – Land Application



What are Biosolids?

Class B : Treated to reduce pathogens but typically require a permit to land apply & have management practices governing their use on cropland, forestland , and land reclamation – not appropriate for lawns/gardens;

Treatment also includes meeting requirements for trace metals, currently no organics in Rules

Class A: Further treated to remove pathogens to levels safe for lawns and home gardens in many cases

Sources of PFAS in Wastewater and Biosolids

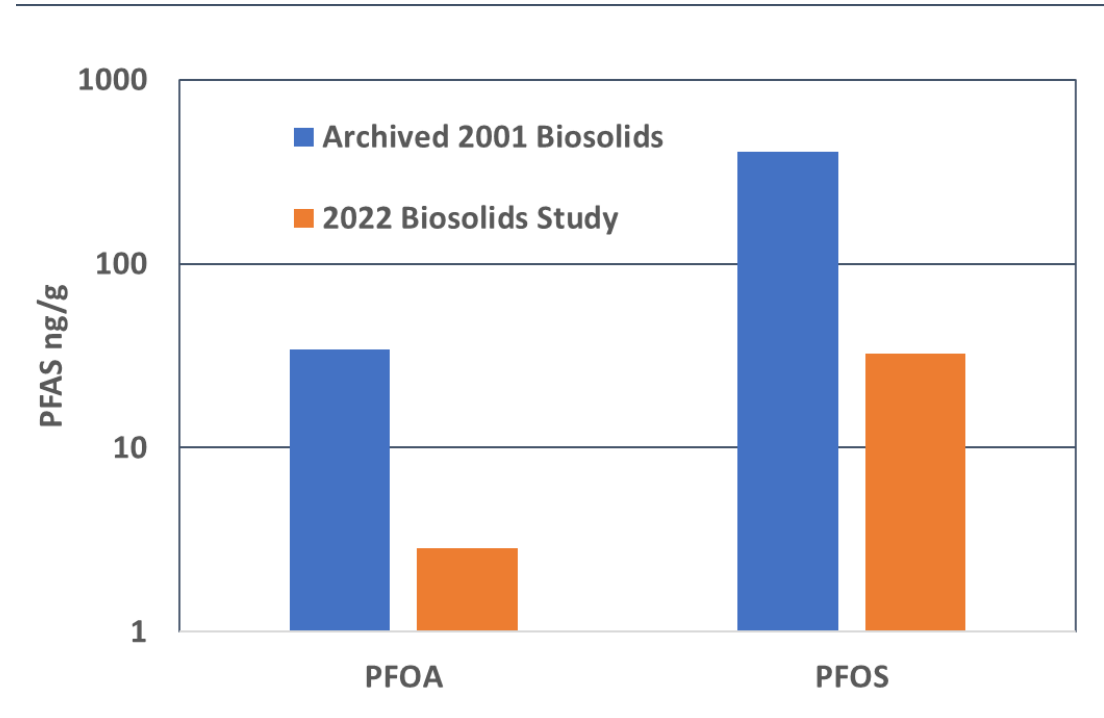
- All municipal/commercial wastewater contains some PFAS
 - leather tanning & finishing
 - plastics & synthetic fibers
 - pulp, paper & paperboard
 - textile mills
- Residential sources also important based on daily use of common household products and consumer goods



Photo taken by [Watzmann \(c\) Günter Seggebäing](#). [CC BY-SA 3.0](#) Via Wikimedia Commons

PFAS in Biosolids

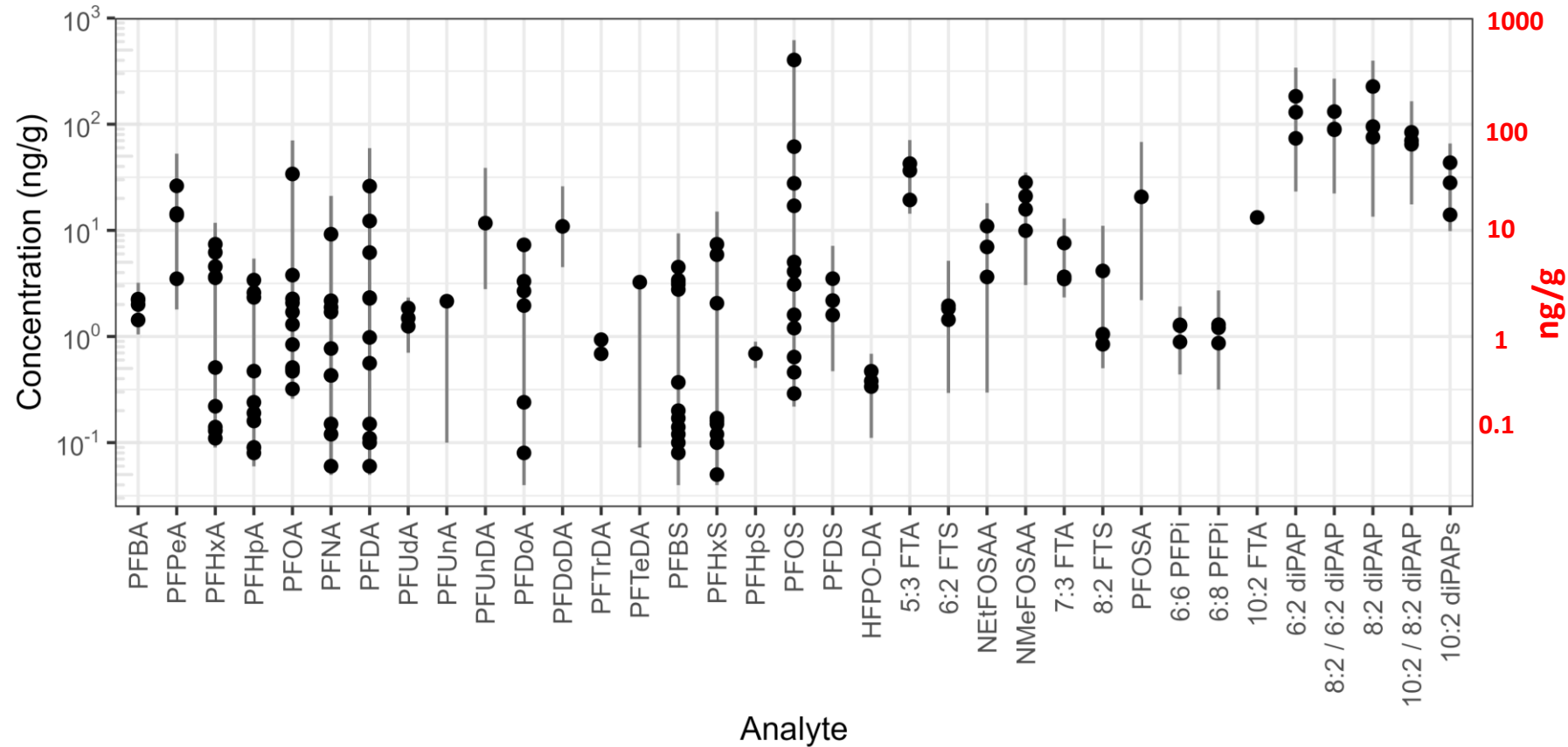
- Biosolids tend to be enriched in longer chain (>C6) PFAAs but contain a wide range of precursor and non-target PFAS
- Decline of PFOS/PFOA
- Non-target PFAS/potential precursors represent 77-97% of total molar Fluorine
 - Fluorotelomer acids (often 8:2/6:2/4:2)
 - diPAPs (often 6:2 or 8:2)
 - Ultra Short Chain



(1) And (2)

Graph Source: C. Evans, ME
DEP, used with permission.

PFAS in Biosolids (Literature Range of Values)

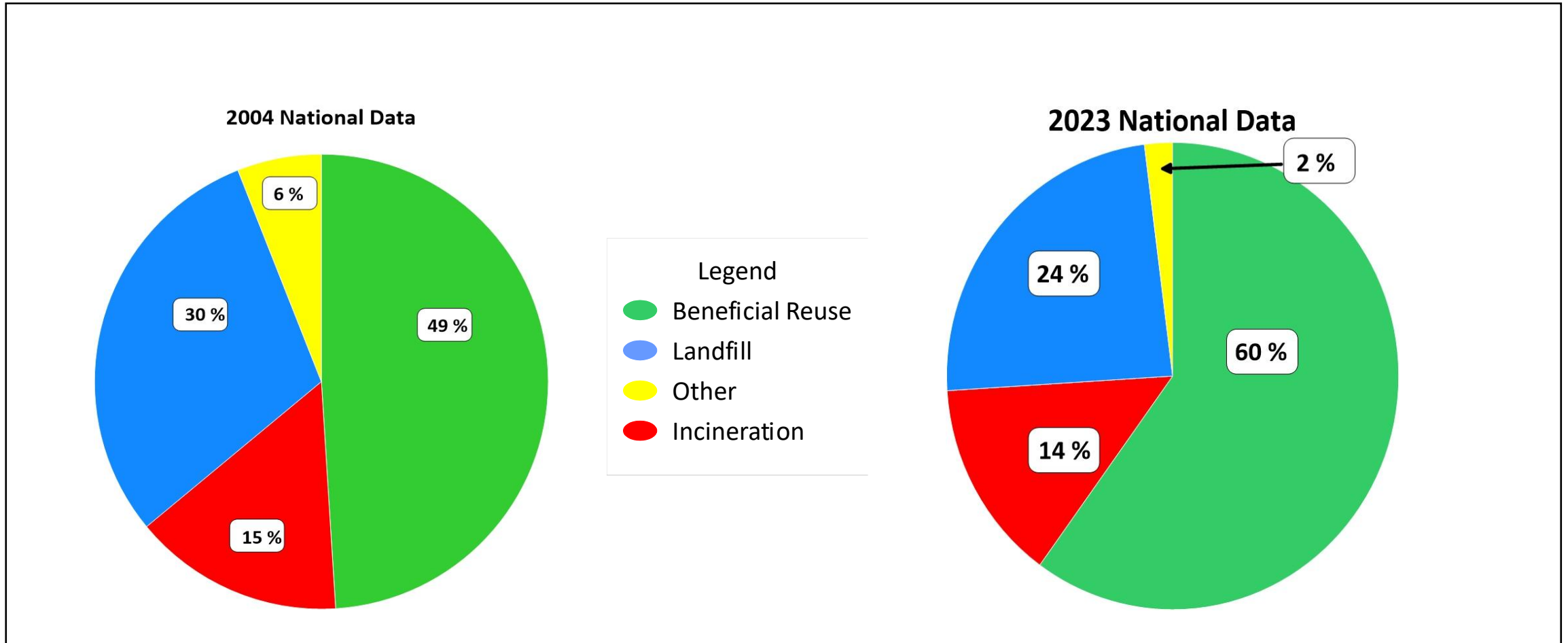


Sources: Pepper et al. (2021), Schaefer et al. (2022), Venkatesan and Halden (2013), Venkatesan and Halden (2014)

Composite ranges and study-specific averages are shown

PFAS-1, 2023 Section 6 Figure 6-2C, Range of values for common PFAS in Biosolids. Source: Figure developed using ggplot2 (Wickham 2016).

Disposal and Beneficial Reuse



PFAS in Land Applied Soils

Direct Land Application of Treated Biosolids

- Promoted by states, historically
- Potentially impacts water supplies in nearby residential homes
- Potential for exposure when fields redeveloped as housing
- Impacts may be significant when commercial or industrial inputs are large percent of total
- Persistence in farm soils – decades after application
- Use for land reclamation projects to incorporate organic matter

Biosolids processed in compost

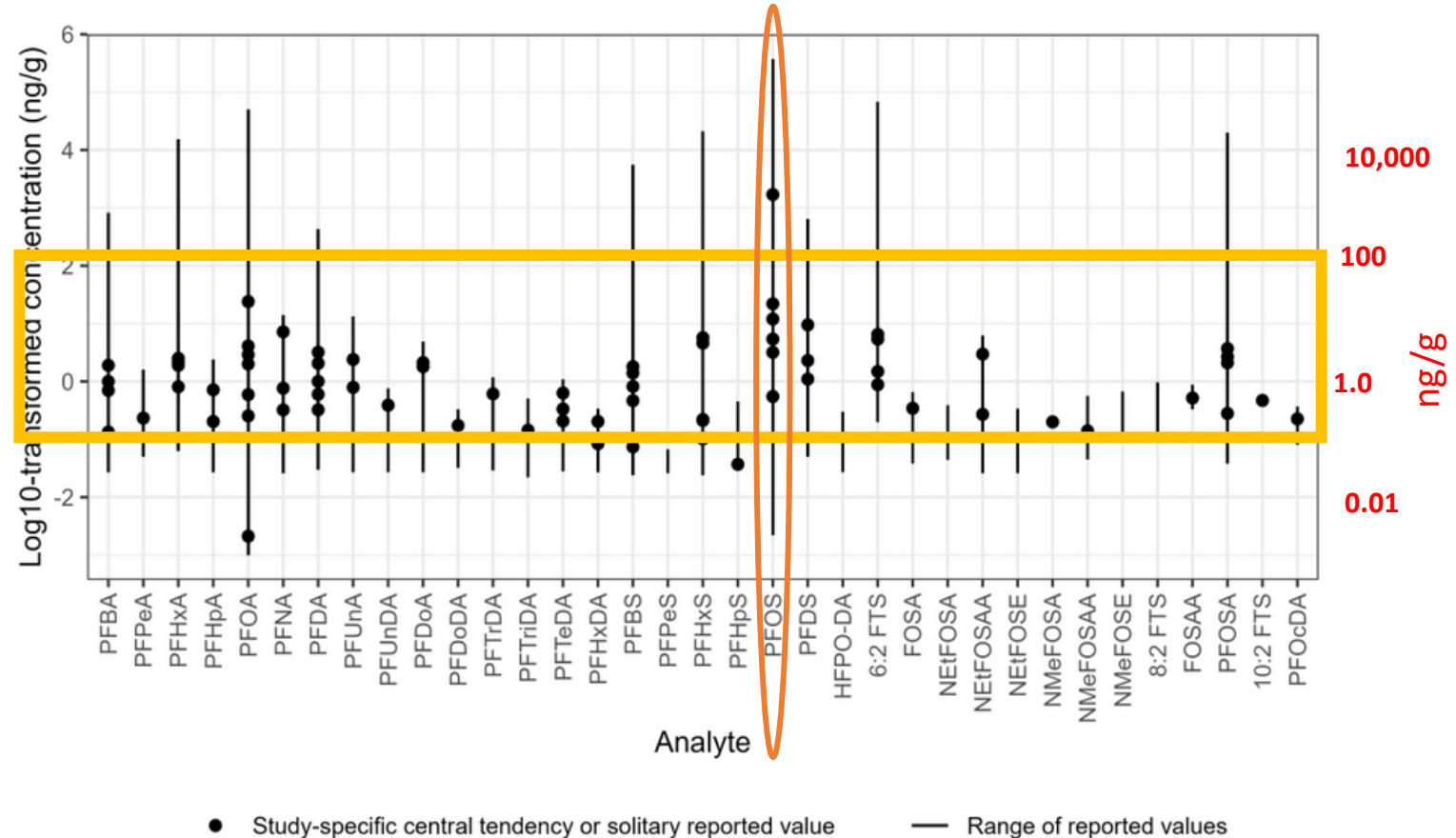
- Less tracking
- Sold widely in commercial – retail settings
- Gardens, landscaping



Attributed to: Andrew Smith / [Muck-spreading on Little Down, Slindon](#) / [CC BY-SA 2.0](#)

PFAS in Land Applied Soil

- Highest concentrations found in surface soils
- PFOS still has high frequency of detection due to legacy application
- Field studies show preferential sorption of long chains vs short chains



Sources: Brusseau et al. (2020), Groffen et al. (2019), Sanborn Head & Associates (2022), Sorengard et al. (2022), USGS (2022), Wang et al. (2018)

PFAS-1, 2023 Section 6 Figure 6-2A, Observed PFAS concentrations in site and anthropogenic background soil. Source: Figure developed using ggplot2 (Wickham 2016).

PFAS in Land Applied Soil

Transport through the vadose zone at land application sites

Longer chain/precursors preferentially sorb in surface soil

Vertical Migration Extent Varies

- Studies report detectable PFAS to depth of 18 m but concentrations rapidly decrease with depth
- One study of FTOHs found no detectable concentrations in depth intervals below 10 cm

Composition of detected PFAS may change with depth, with greater PFCAs vs PFSAAs detected

Biosolids are different from AFFF sites!

	Biosolids	AFFF
Concentrations	Up to 618 µg/kg (Table 6-2C) <i>over large area (~10s-100s of acres)</i>	Up to 373,000 µg/kg (Table 6-2A) <i>over limited area (~<1 acre)</i>
Sources	PFAS in wastewater (municipal or industrial); 1980s to present	AFFF produced with PFAS; mid-1960s to present
Site Types	Mostly agricultural and other land application sites; broad area at limited frequency	Fire training/response areas at DoD, airports, oil-and-gas sites; higher application rate & frequency
Implications	Shallow soil impacts may affect crops and livestock, surface and groundwater	Local/regional sources may affect groundwater & drinking water

Biosolids and PFAS Fate and Transport in the Vadose Zone

Source Zone
Characteristics

Vadose Zone
Controls on
Mobility

Field Scale Fate,
Transport,
Uptake

Characterization
and Treatment

Additional Biosolids Considerations & Summary

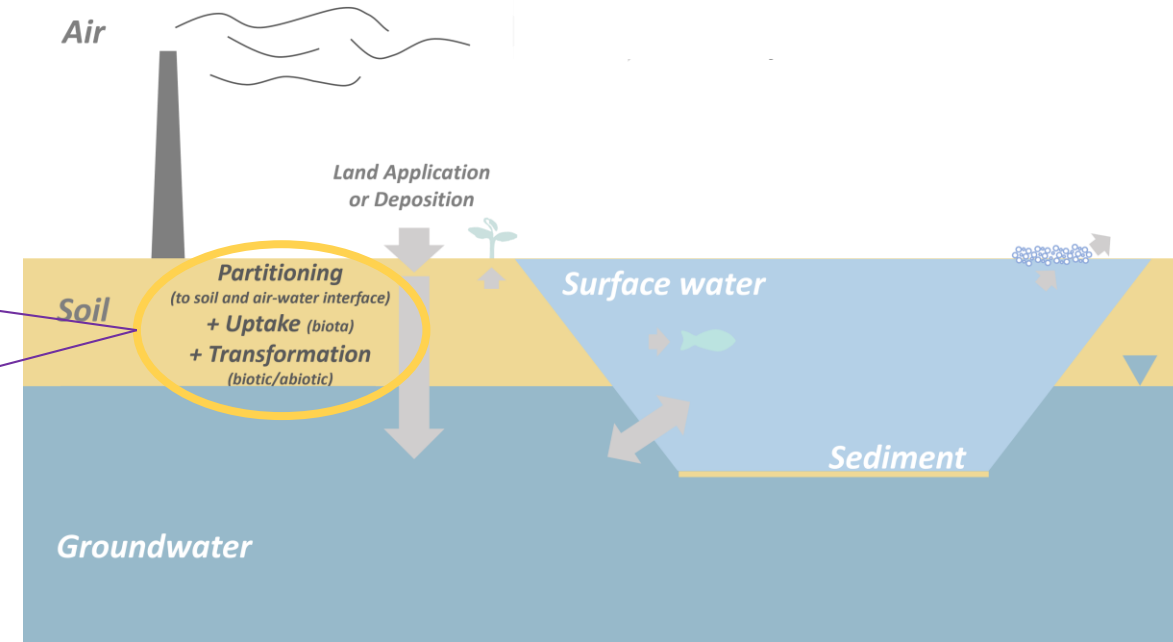
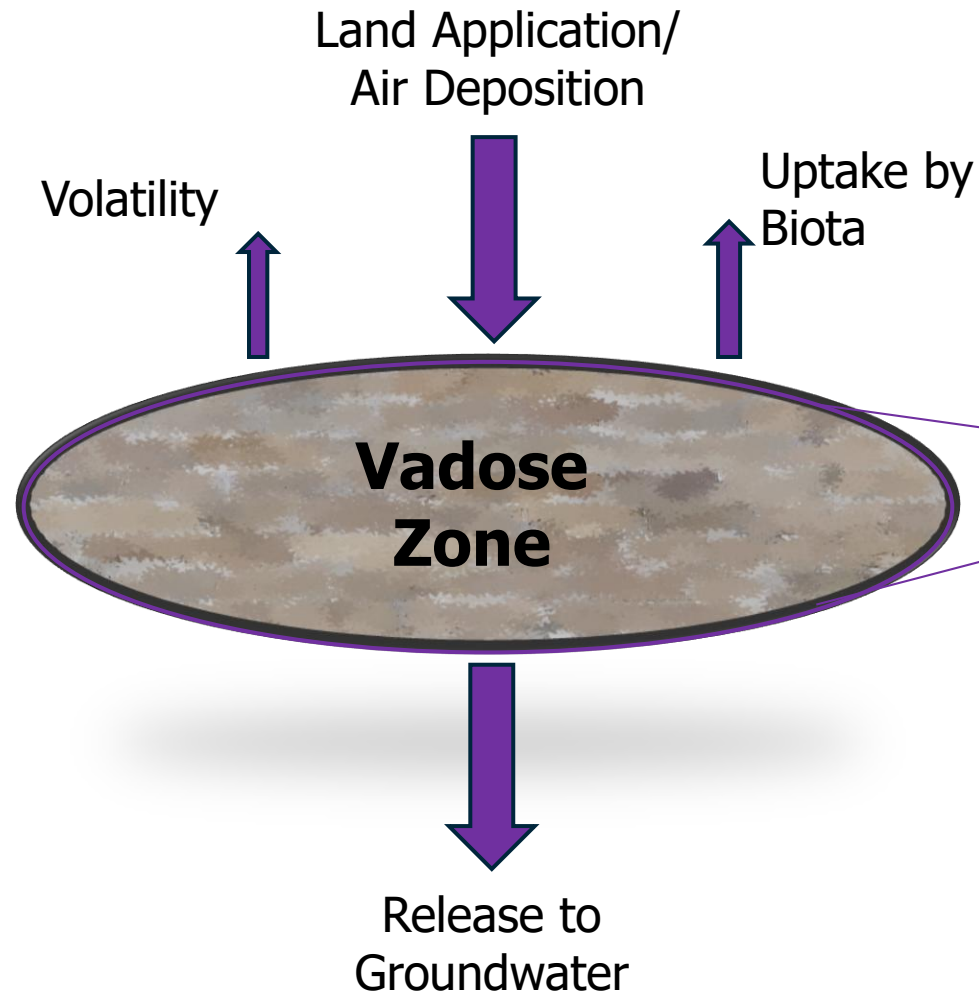
Biosolids

Source Zones

Fate and Transport

**Characterization and
Treatment**

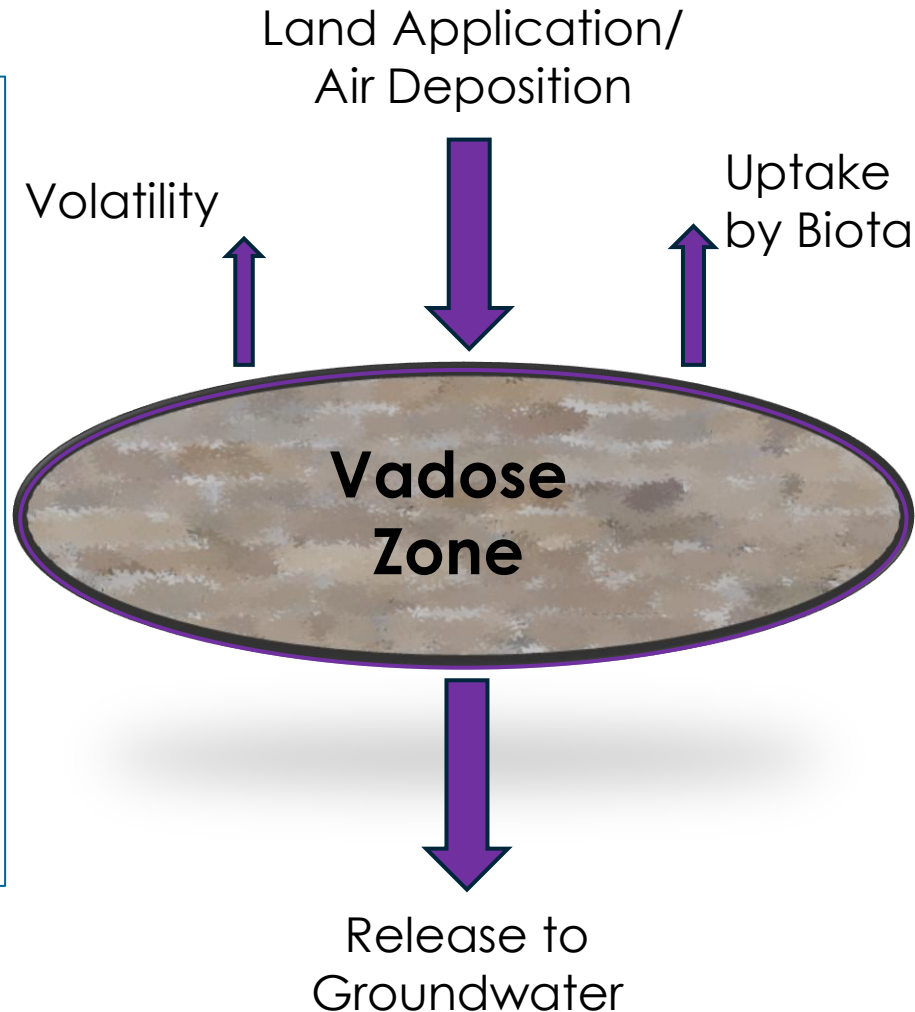
Macro-Scale Transport in the Vadose Zone



Macro-Scale Factors Influencing PFAS Retention

Climate/Location

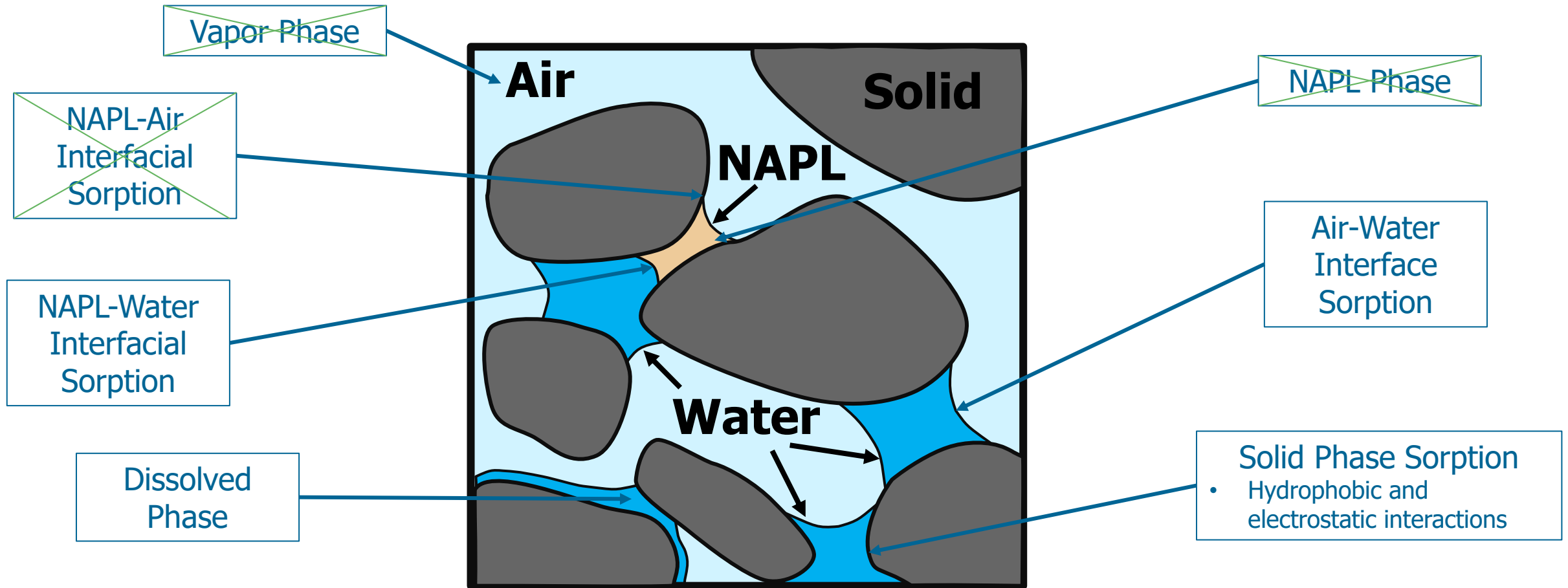
- Amount of precipitation
- Frequency of precipitation
- Depth to water
- Salinity
- Humidity



Soil Properties

- Surface Charge
- pH
- Heterogeneity
- Organic carbon content
- Soil type
- Degree of saturation

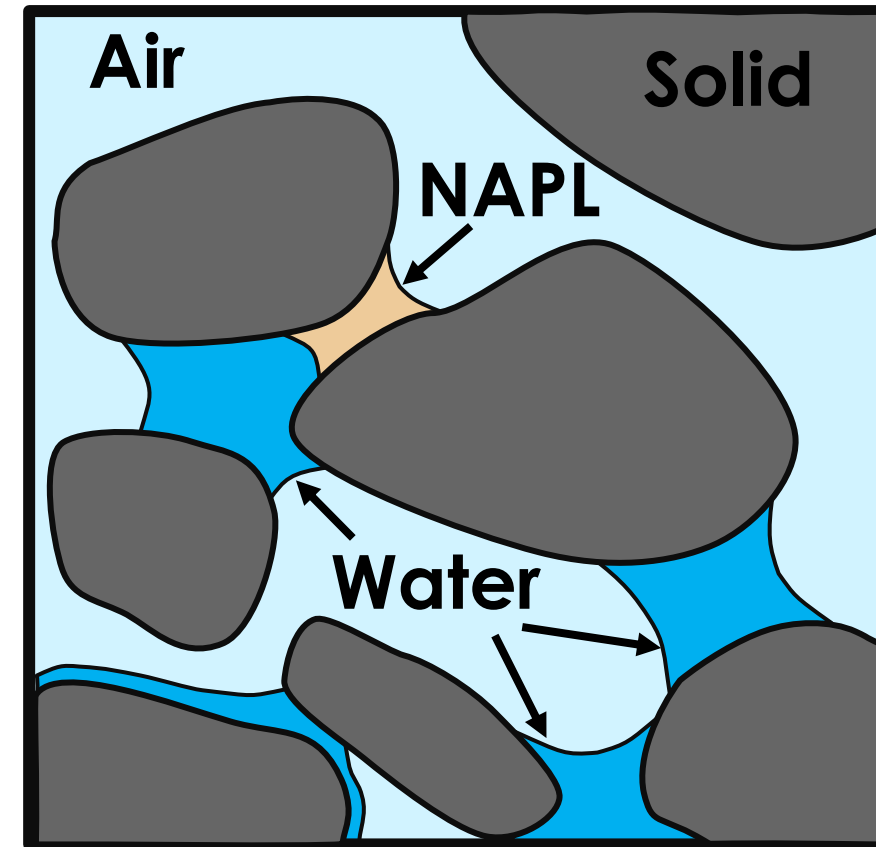
Micro-Scale Transport of PFAs in the Vadose Zone



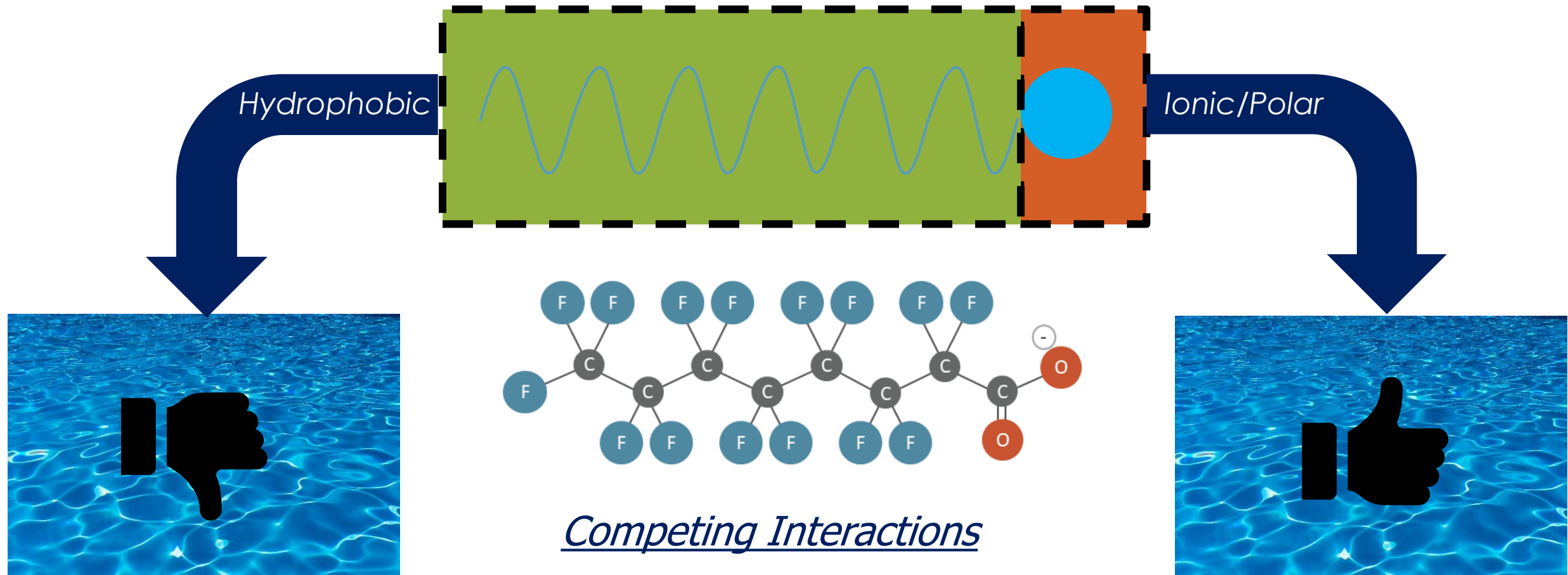
Micro-Scale Factors Influencing PFAS Retention

Properties of Solid Phase Sorption

- Hydrophobic Partitioning
 - Longer chain PFAAs > shorter-chain PFAAs
 - PFSAs > PFCAs
 - Organic carbon dependent
- Electrostatic Interactions
 - Dependent on pH and ionic strength
 - Cationic/zwitterionic PFAS (non-PFAA) may strongly sorb
- Concentration dependent (nonlinear)
 - Sorption sites can become saturated
- Sorption properties change with precursor transformation



PFAS Surfactant Properties Are Important

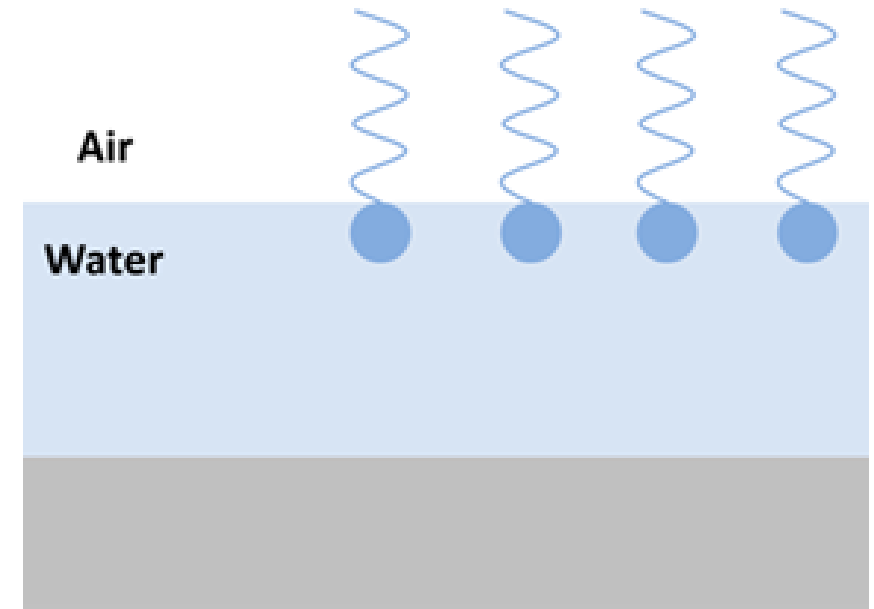


PFAA Molecules Assemble at the Interface

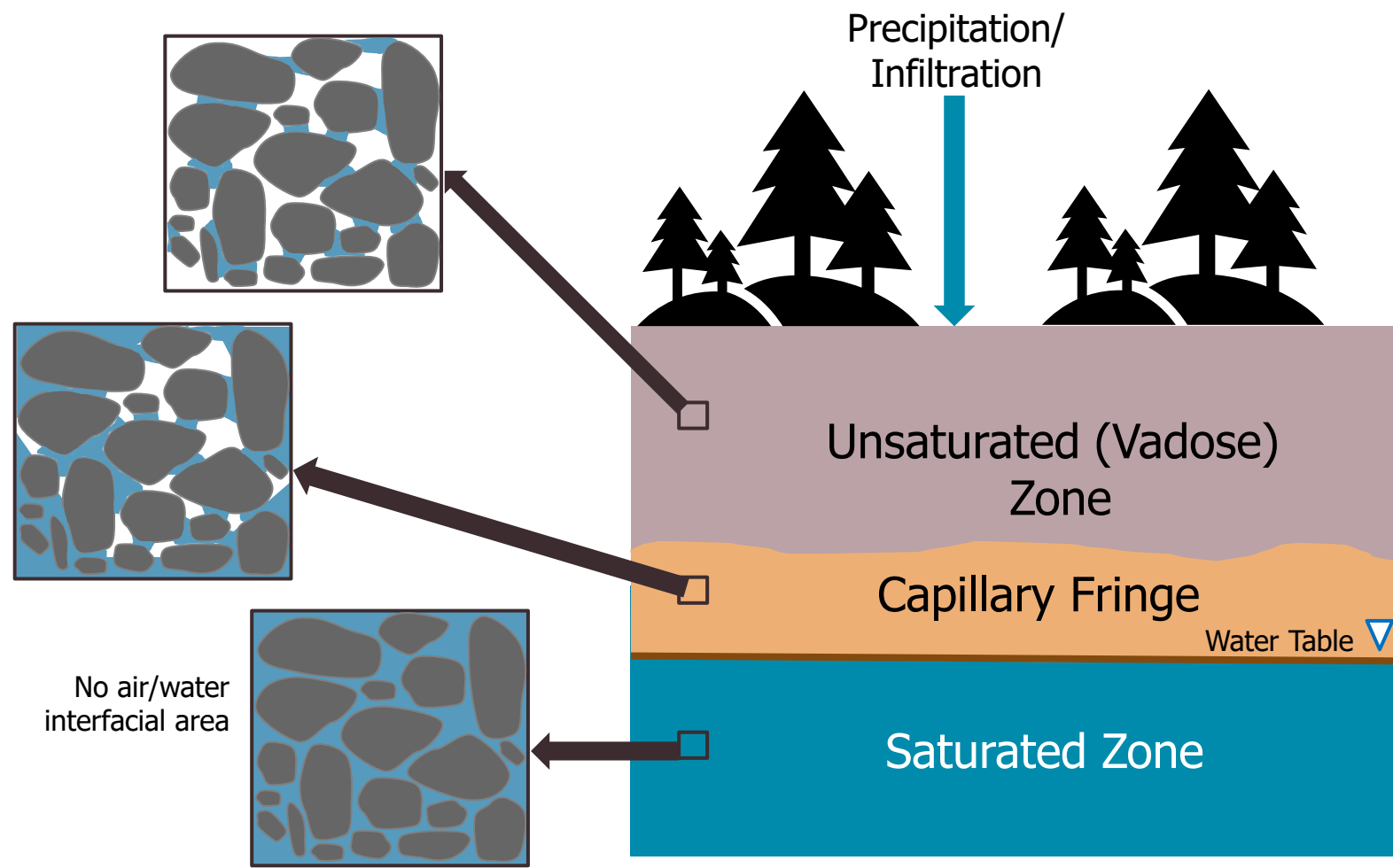
Energetically favorable

Reduces the surface tension at the interface

PFAAs have a greater affinity than traditional surfactants



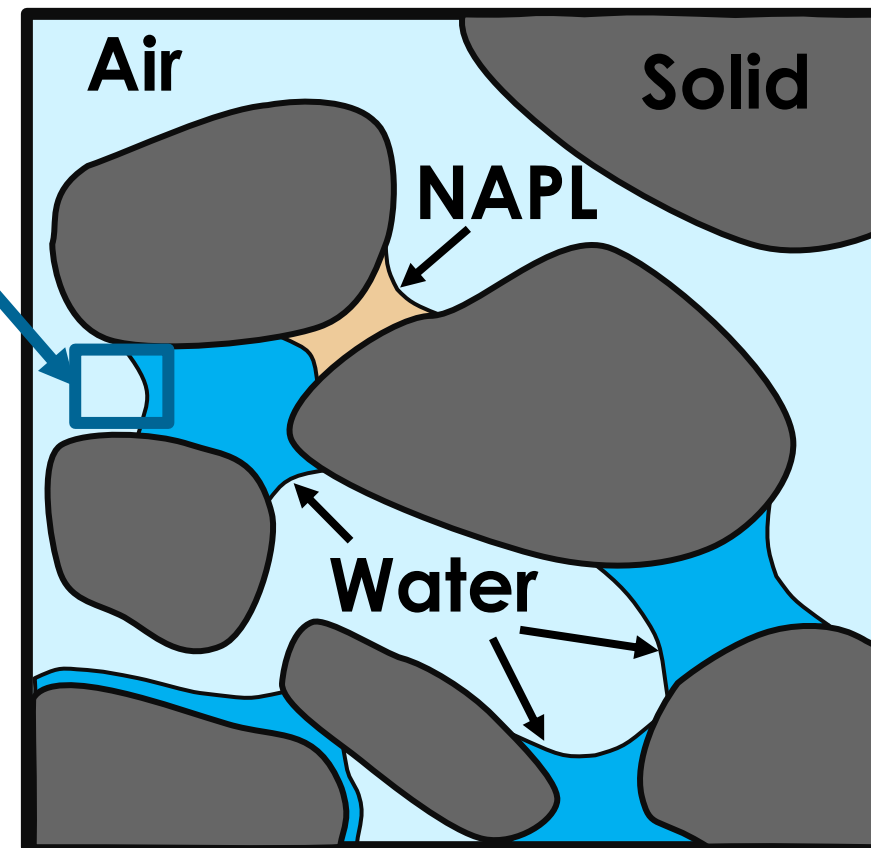
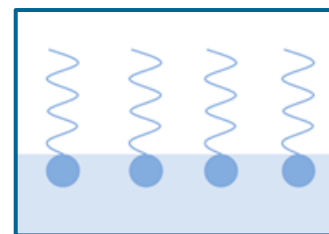
PFAS Partitioning Depends on the Amount of Interfacial Area



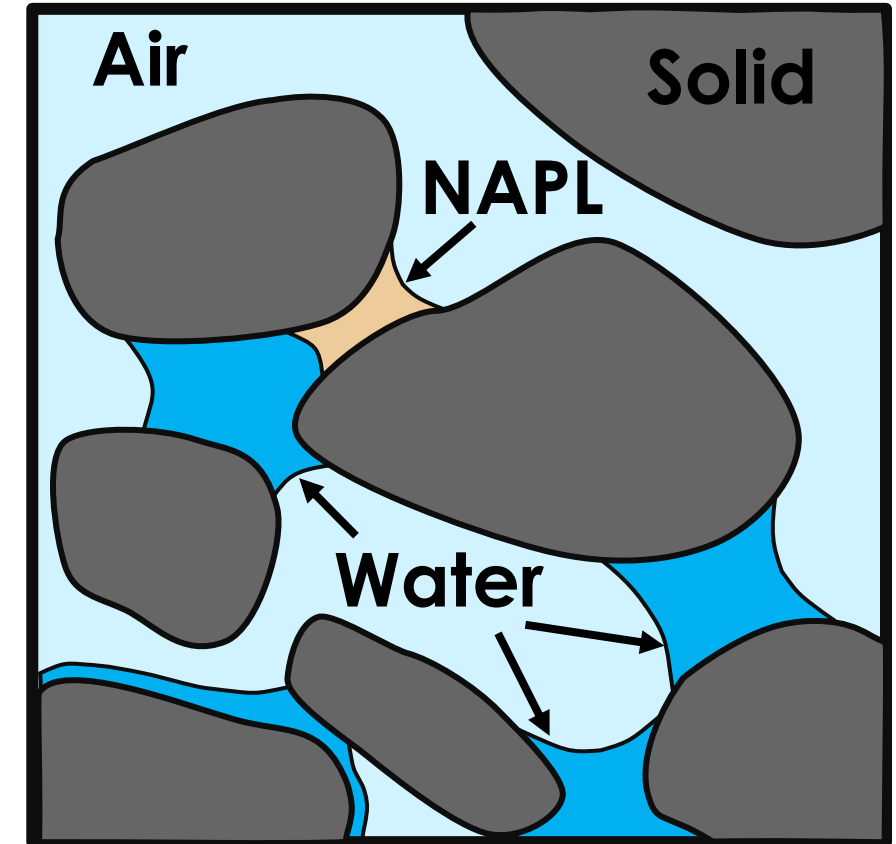
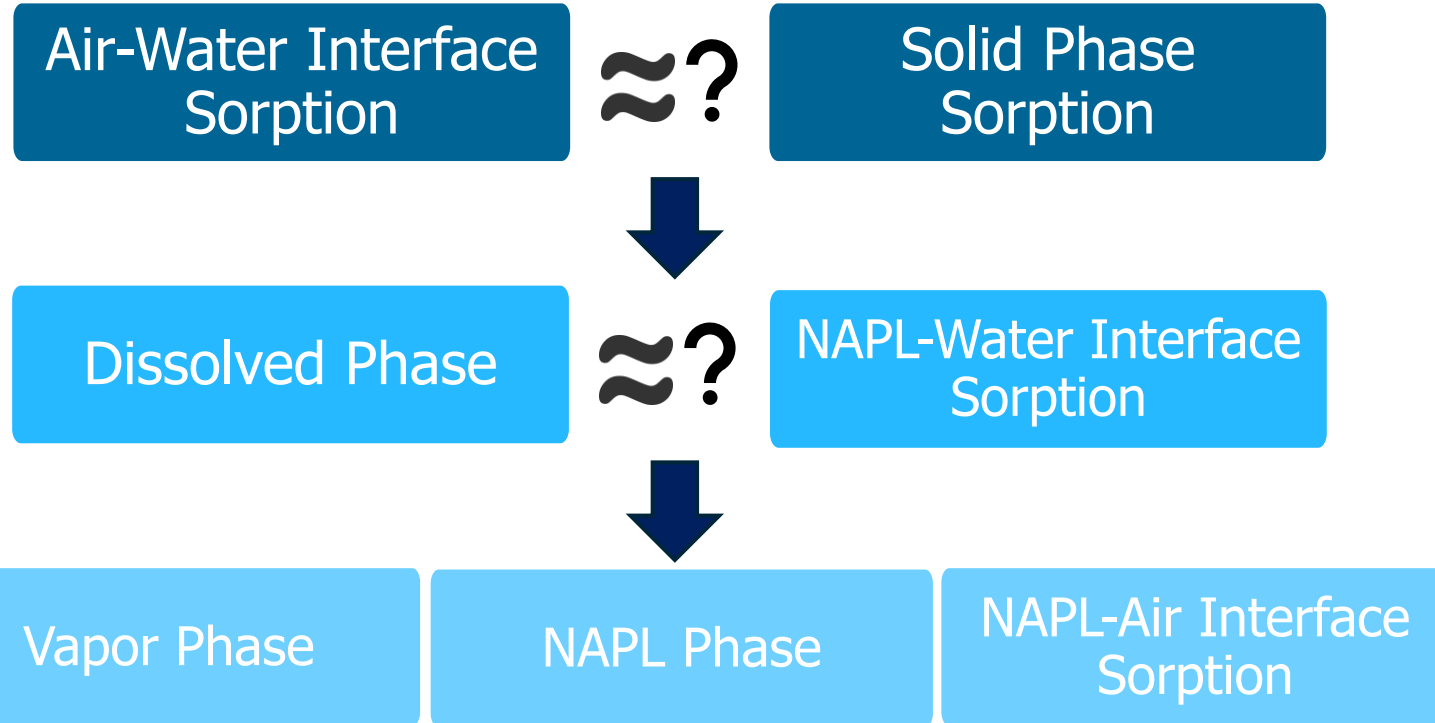
- Degree of water saturation affects the amount of interfacial area (nonlinear)
- Larger interfacial area enhances PFAS retention
- Factors affecting A-W interfacial area:
 - Soil type
 - Grain size
 - Heterogeneity
 - Organic Content

Studies/Support

- Many studies have shown that PFAAs can be highly enriched at the air-water interface
 - Enrichment increases with alkyl chain length
 - Concentration dependent
 - Nonlinear, inverse relationship
 - Increases with dissolved solids concentration
 - Dependent on extent of air-water interfacial area
- Studies point to long term retention in the vadose zone
- Relative importance of air-water interface partitioning is site specific



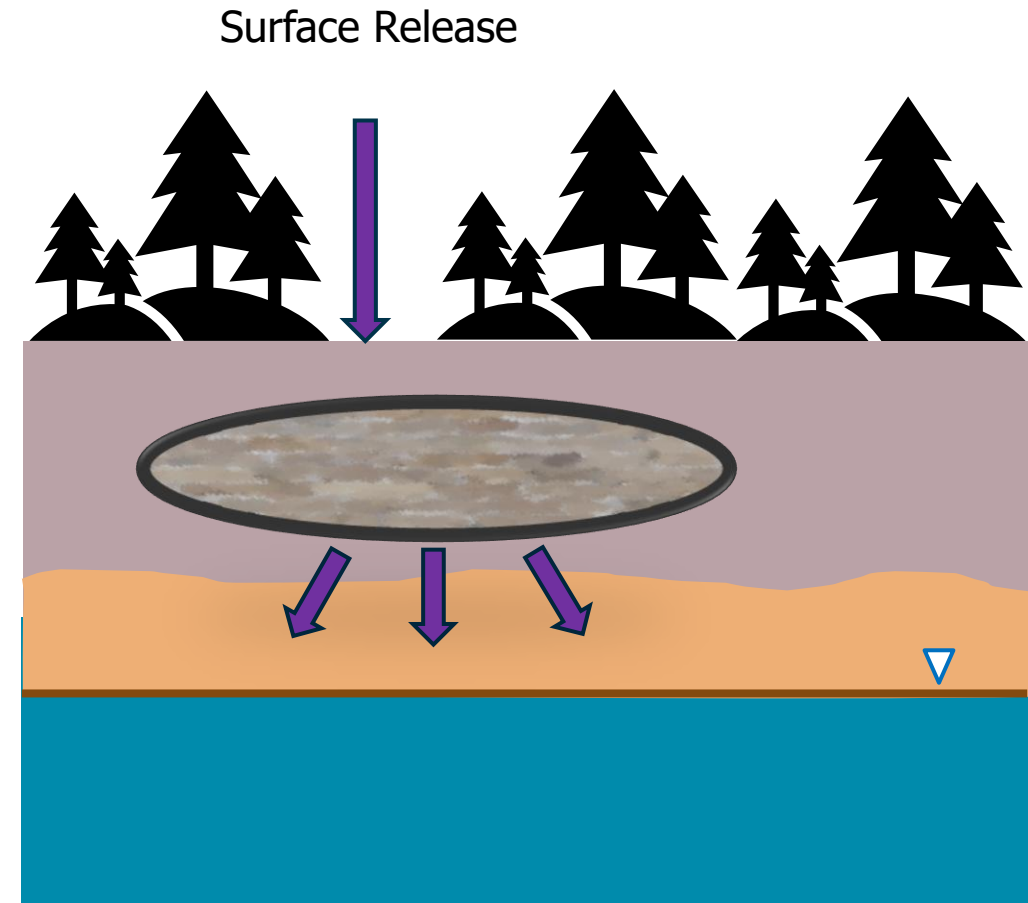
Micro-Scale Factors Influencing PFAS Retention



***Highly dependent on site conditions,
concentration, PFAS compound, and other factors***

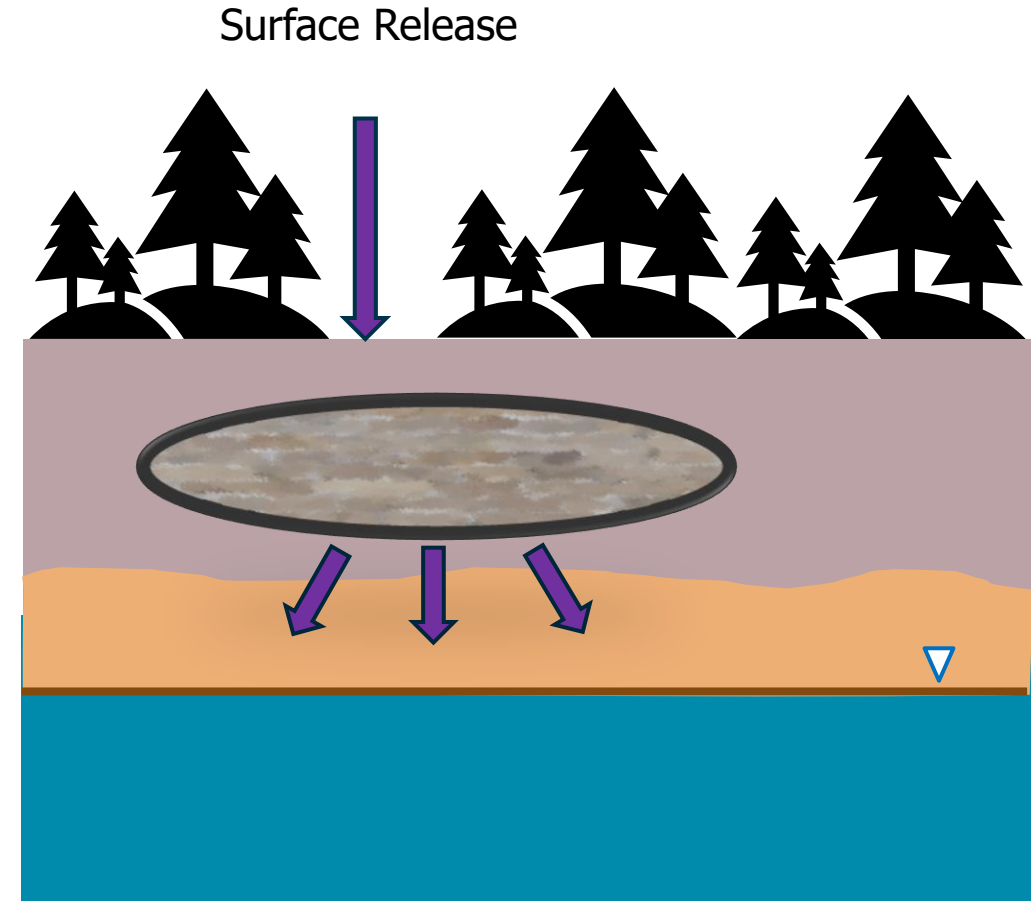
Modeling

- Several researchers are developing models to understand fate and transport in the vadose zone
 - Consideration of air-water interfacial retention increases predictive accuracy
 - Highly dependent on prediction of site factors like air-water interfacial area
- Data gaps:
 - Role of micelle/hemimicelle formation
 - Other non-PFAA PFAS
 - Behavior of PFAS mixtures



Implications

- Transport of PFAS through the vadose zone after surface releases is an evolving topic
- Air-water interfacial sorption is likely a large contributor to vadose zone retention
 - Significant vadose zone retention is likely after a surface release like biosolids application
 - Creates a source zone that can contribute to groundwater on a long-term basis
- Still many unknowns with PFAS vadose zone retention



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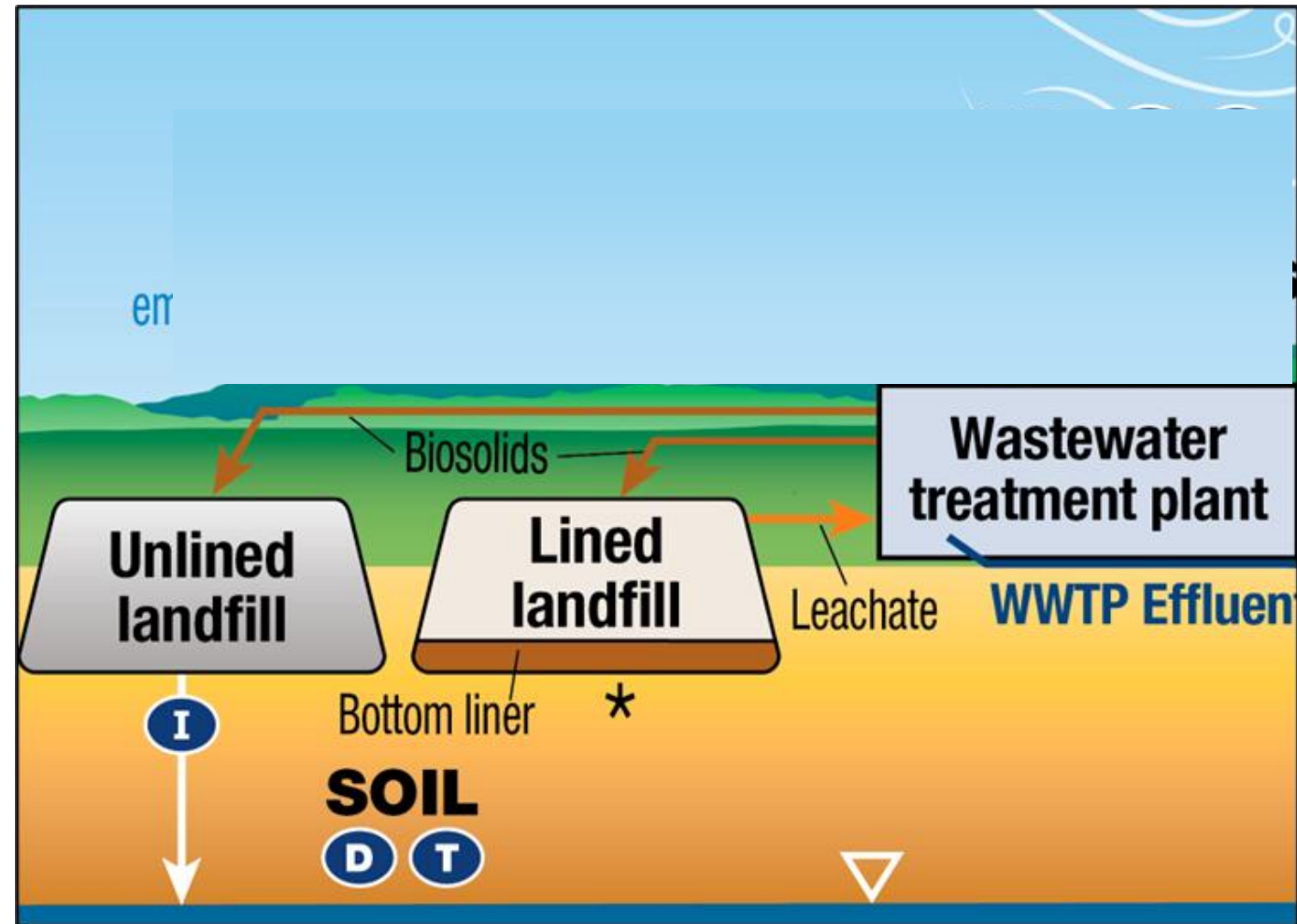
Fate and Transport

**Characterization and
Treatment**

Cycling of PFAS Related to Biosolids

Wastewater treatment plants (WWTP) generating biosolids daily

- Residential
- Commercial/Industrial wastewater
- Leachate from lined landfills
- Inputs from pumping of residential septic tanks



*Leachate release from lined landfills could occur in the event of a liner leak

KEY Atmospheric Deposition Diffusion/Dispersion/Advection Infiltration Transformation of precursors (abiotic/biotic)

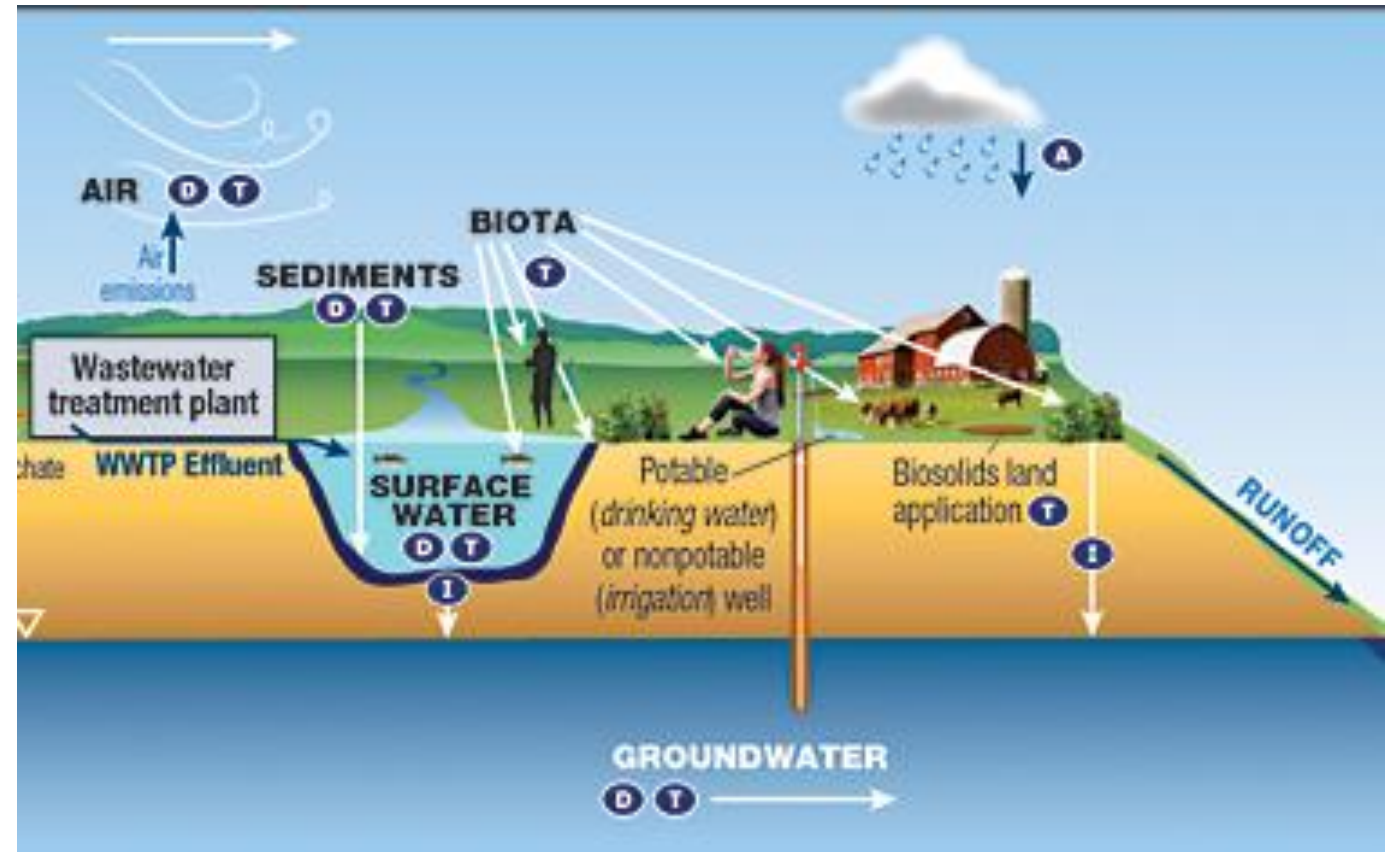
PFAS-1, Figure 2-22. CSM for landfills and WWTPs.

Source: Adapted from figure by L. Trozzolo, TRC, used with permission

Cycling of PFAS Related to Biosolids

Land application leaching may impact

- Crops
- Drinking water
- Dairy
- Meat
- Waterways and Fish

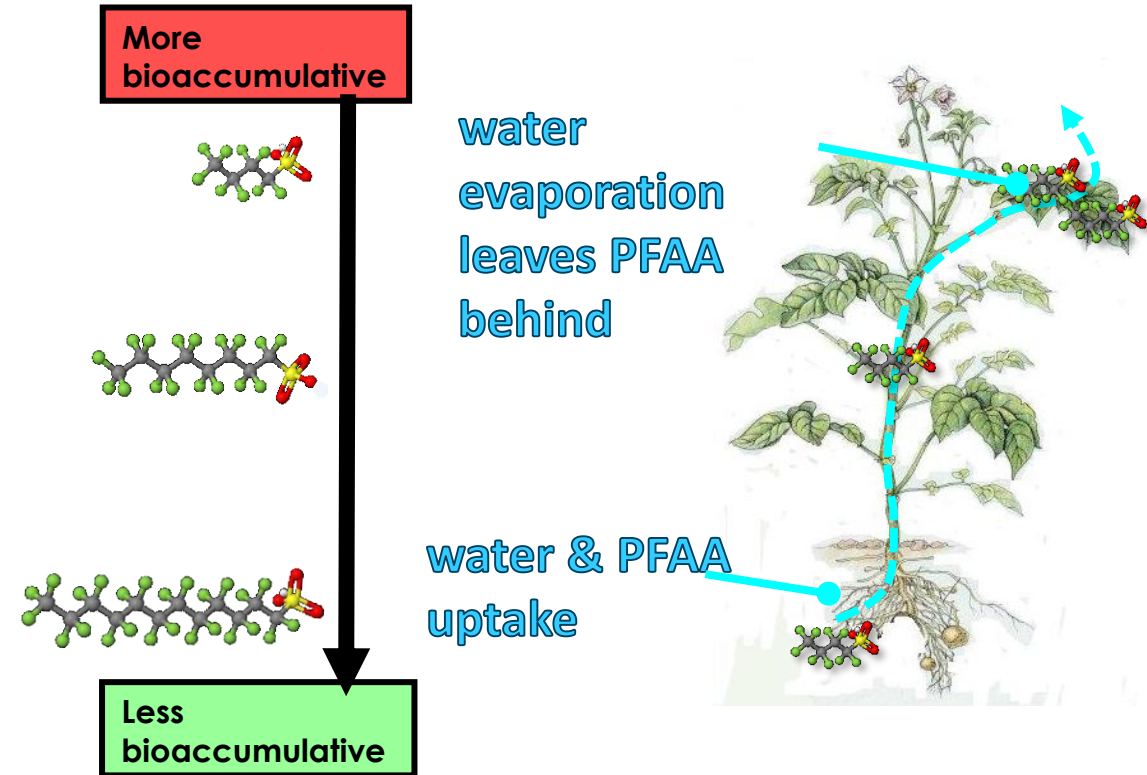


*Leachate release from lined landfills could occur in the event of a liner leak

KEY A Atmospheric Deposition D Diffusion/Dispersion/Advection I Infiltration T Transformation of precursors (abiotic/biotic)

PFAS Uptake in Plants

- High solubility of PFAS and hydrophilic functional group means plants can readily absorb PFAS in water or contaminated soil
- Bioconcentration factor (BCFs)
 - $BCF = C(\text{plant}) / C(\text{soil})$
 - Values range from ~0.01 to 1000; but typically 0.1 to 10 (~70%)
- Greater concentrations in watery tissues (e.g., lettuce leaf, tomato fruit)



See Table 5-2 for list of bioconcentration factors

PFAS Uptake in Animals

- Dairy cows and other livestock may be exposed to PFAS from feed or water supply
- Aquatic animals exposed through runoff from fields
- Bind to proteins in blood, liver, and kidneys
- PFAS bioaccumulation
 - Long-chain PFAS generally accumulate more and have longer elimination half lives
 - PFASs > PFCAs
 - Biomagnification up food chain
 - Precursor transformation

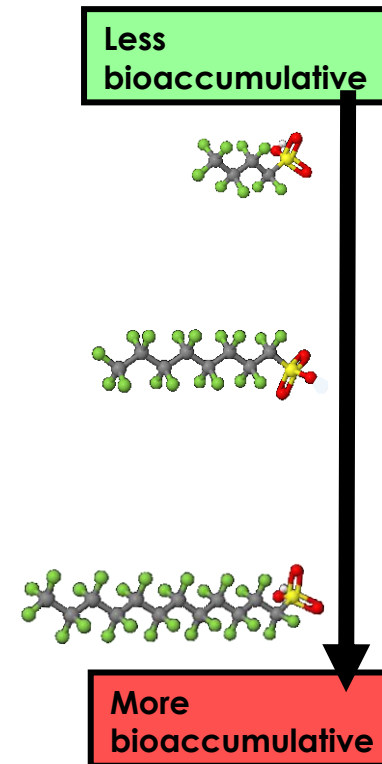
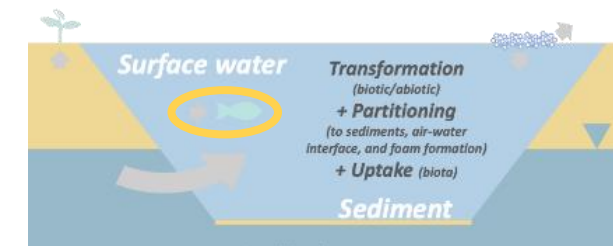


Photo by Frans de Wit licensed under <https://creativecommons.org/licenses/by-nc-nd/2.0/#>



PFAS-1, modified from Figure 5-1. Source: D. Adamson, GSI, used with permission.

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**Characterization and
Treatment**

Site Investigations – Land-Applied Biosolids

General considerations

- Historical records
 - Record keeping varies; potential unidentified sources?
- Large application areas
- Transport potential
 - Receptors/pathways
- Other nearby sources
- Risk communication



Photo Source: C. Evans, ME DEP. Used with permission

Site Investigations – Land-Applied Biosolids

Site-sampling considerations

- Application
 - Liquid or solid; soils possibly tilled
- Potentially sampled media
 - Source biosolids, soils, groundwater, pore water, surface water
- Transport potential
 - Surface runoff or infiltration
 - Pooling in low areas - PFAS accumulation?
- General PFAS-sampling protocols
- Appropriate analytical methods
 - 1633 appropriate for biosolids & soils
 - Fingerprinting/source ID; Would “total” PFAS data be useful?



Photo Source: C. Evans, ME DEP. Used with permission

PFAS-1, Section 10. Site Characterization; Section 11. Sampling and Analysis; Section 14. Risk Characterization

Biosolids Treatment-Disposal

Land Application

- Regulated/permit-limited process
- Application rates tied to nutrient management at farms
- Potential for leaching to groundwater or uptake

Landfilling

- Considerations include capacity of facilities
- Landfill leachate may be sent to WWTP

Incineration

- Recent studies document 99+% destruction effectiveness
- Potential concerns re: incomplete combustion
- *...other destructive methods in development: Supercritical Water Oxidation (SCWO), pyrolysis*



[Iain Thompson / Cathkin Landfill Site, CC BY-SA 2.0](#), via Wikimedia Commons

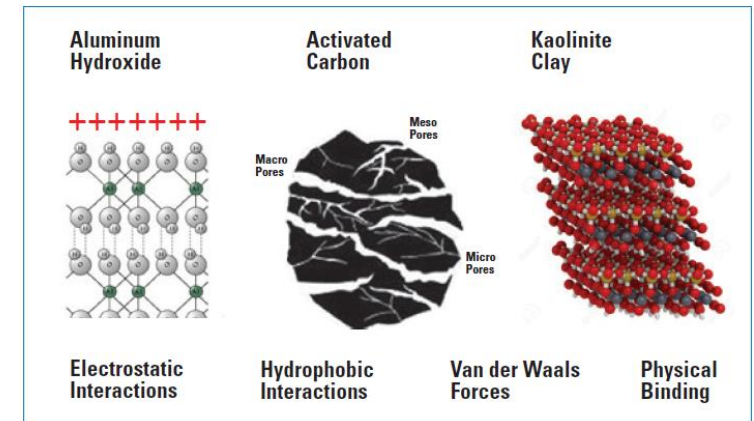


Photo from: <http://clui.org/ludb/site/east-liverpool-hazardous-waste-incinerator>.

Biosolids Treatment – Disposal

Soil stabilization/sorption

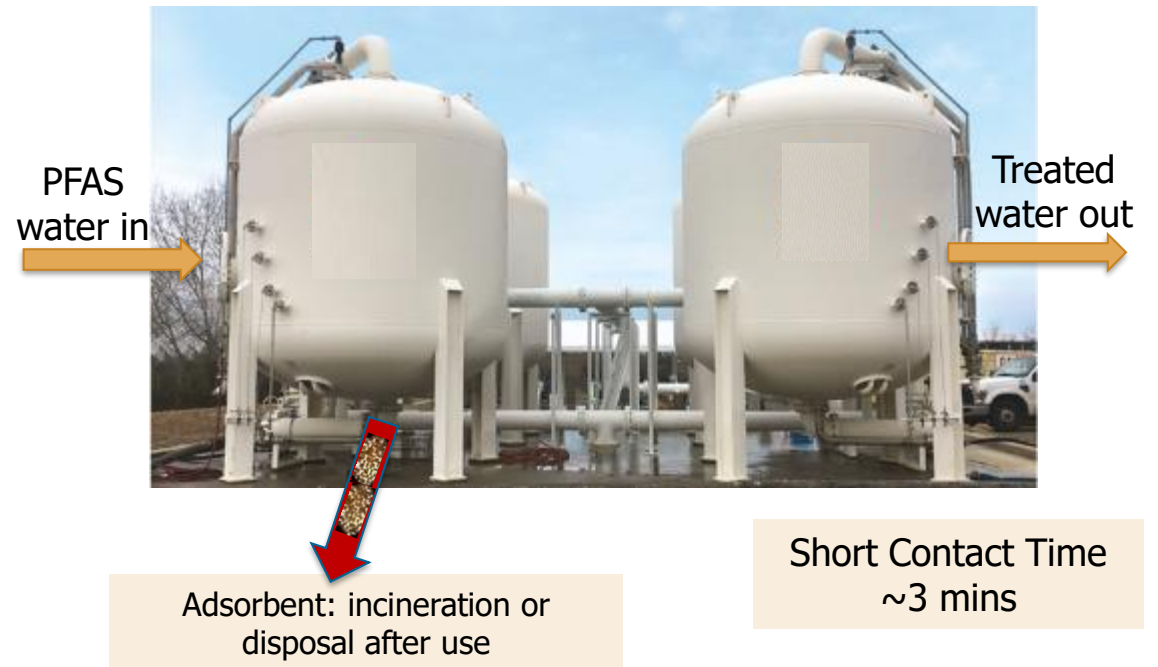
- Amendments to reduce PFAS release from solid media
- Established technology being adapted for PFAS
- Recent studies document reductions in PFAS leaching
- Scalable to biosolids and/or land-applied soils?
- Limitation: PFAS are not removed/destroyed



Images courtesy of Ziltek™ and AquaBlok Ltd.
Used with permission.

Biosolids Treatment – Disposal

- Elimination of upstream sources to WWTP
- Treatment or reduction at WWTP prior to biosolids generation
 - GAC, ion exchange resin
 - Foam fractionation or other concentration methods
 - Pre-treatment for BOD, etc.



PFAS-1, Section 2.6.4 Wastewater Treatment, Treatment Residuals and Biosolids.
Table 12-1 Treatment Methods Table

Graphic used with permission, Scott Grieco, adapted from Stew Abrams and Purolite.
Photo used with permission, Francis Boodoo, Purolite.

Biosolids and PFAS Fate and Transport in the Vadose Zone

Source Zone
Characteristics

Vadose Zone
Controls on
Mobility

Field Scale Fate,
Transport, Uptake

Characterization
and Treatment

Additional Biosolids Considerations & Summary

Biosolids

Source Zones

Fate and Transport

**Characterization and
Treatment**

PFAS Regulatory Environment

New & pending Federal regulations may affect management of biosolids

Inputs to
WWTPs

Transportation

Disposal

Lower
screening
values

See the ITRC PFAS Regulatory Programs Table; Section 8.2

PFAS Regulatory Environment

USEPA Strategic Roadmap 2021-2024

- Includes future reductions in allowed PFAS in NPDES permitted discharges
 - EPA memo (December 2022) provides guidance for permit writers to include PFAS monitoring in discharge permits
- Risk Assessment for PFOA and PFOS in biosolids –
DRAFT Released January 2025
- Maximum Contaminant Levels under the Safe Drinking Water Act (MCLs) for 6 PFAS
 - PFOS, PFOA at 4 ng/L (ppt)
 - PFHxS, PFNA, HFPO-DA (GenX) at 10 ng/L (ppt)
 - Hazard Index of 1.0 for 4 PFAS (PFNA, PFHxS, PFBS, GenX)



FACT SHEET

Draft Sewage Sludge Risk Assessment for PFOA and PFOS:
Information for State Water Agencies
January 2025

Biosolids Testing for PFAS

Standard Methods currently approved

Most testing by a Modified 537.1 with some level isotope dilution

Method 1633 completing multi-lab verification **now final**

Others – ASTM D8421-22

Standard reporting lists limited; other techniques required to report additional precursors and “non-target” PFAS

TOP

AOF

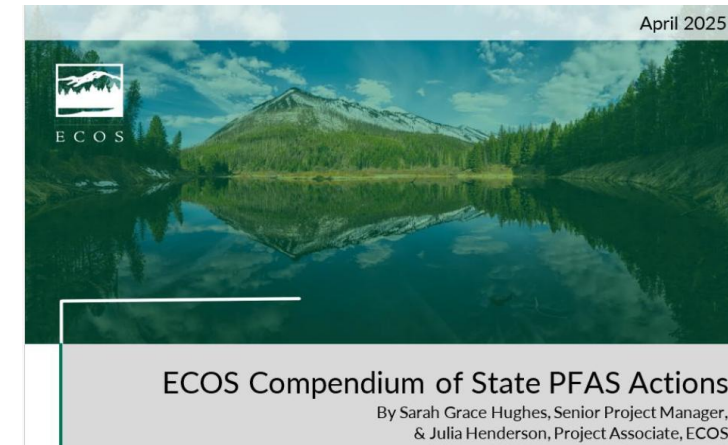
High Res MS

State-Level Response to PFAS in Biosolids

- Environmental Council of States (ECOS) study on PFAS in Biosolids
Published [January 2023](#)
Survey, 34 states responded
- Environmental Council of States (ECOS) Compendium of State PFAS Actions

Published [April 2025](#)

Summary of actions to protect human health and the environment, includes an update on Biosolids



Joint Principles for Preventing and Managing PFAS in Biosolids

Protect communities

Reduce presence in wastewater

Preserve flexibility and use, prioritize public health

Ensure safety of food supply, support impacted farmers/ranchers

Educate stakeholders/communicate risk

Build capacity

Embrace transparency and innovation



Published [July 2023](#)

Final Points

PFAS are associated with wastewater & biosolids due to decades of widespread production/use

After biosolids(or AFFF) land application PFAS tend to be retained in shallow soils

- May gradually leach to GW or be taken up by plants

Biosolids treatment involves destruction of biosolids or removal of PFAS before biosolids production

Biosolids have been regulated for decades; PFAS/biosolids regulations are evolving

ITRC PFAS Resources

ITRC PFAS: <https://pfas-1.itrcweb.org/>

Guidance Document

13 Fact Sheets

External Tables

PFAS Introductory Training

- Clu-In Archive: <https://www.clu-in.org/conf/itrc/PFAS-Introductory/>

Other video resources

- Available through links on: <https://pfas-1.itrcweb.org>
- Quick Explainer Videos
- Longer PFAS Training Modules
- Archived Roundtable Sessions

Questions



Feedback Form & Certificate:

www.clu-in.org/conf/itrc/PFAS-BTB-Biosolids

