

Welcome to the CLU-IN Internet Seminar

NARPM Presents...An Overview of Asbestos - Health Effects, Regulations, Sampling and Analysis, and a Case Study

Sponsored by: EPA Office of Superfund Remediation and Technology Innovation

Delivered: August 30, 2012, 1:00 PM - 3:00 PM, EDT (17:00-19:00 GMT)

Instructors:

Julie Wroble, EPA Region 10 (wroble.julie@epa.gov)

Moderator:

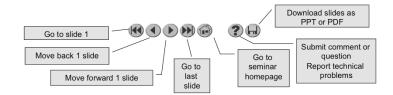
Jean Balent, U.S. EPA, Technology Innovation and Field Services Division (balent.jean@epa.gov)

Visit the Clean Up Information Network online at www.cluin.org

ı



- · Please mute your phone lines, Do NOT put this call on hold
- Q&A
- · Turn off any pop-up blockers
- · Move through slides using # links on left or buttons



- · This event is being recorded
- Archives accessed for free http://cluin.org/live/archive/

2

Although I'm sure that some of you have these rules memorized from previous CLU-IN events, let's run through them quickly for our new participants.

Please mute your phone lines during the seminar to minimize disruption and background noise. If you do not have a mute button, press *6 to mute #6 to unmute your lines at anytime. Also, please do NOT put this call on hold as this may bring delightful, but unwanted background music over the lines and interupt the seminar.

You do not need to wait for Q&A breaks to ask questions or provide comments. To submit comments/questions and report technical problems, please use the ? Icon at the top of your screen. You can move forward/backward in the slides by using the single arrow buttons (left moves back 1 slide, right moves advances 1 slide). The double arrowed buttons will take you to 1st and last slides respectively. You may also advance to any slide using the numbered links that appear on the left side of your screen. The button with a house icon will take you back to main seminar page which displays our agenda, speaker information, links to the slides and additional resources. Lastly, the button with a computer disc can be used to download and save today's presentation materials.

With that, please move to slide 3.

An Overview of Asbestos

Health Effects, Regulations, Sampling and Analysis, and a Case Study

Julie Wroble
EPA Region 10 Toxicologist
wroble.julie@epa.gov
206/553-1079

Disclaimer

- This presentation represents my views as a member of the Asbestos Technical Review Workgroup and as a regional toxicologist.
- This presentation does not constitute official agency guidance or policy.

Acknowledgements

- Laura Buelow provided information on health effects
- John Pavitt provided information on NESHAPs and common asbestoscontaining products
- Jed Januch provided many of the microsope images and has done invaluable work developing the fluidized bed

What is asbestos?

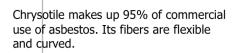
 Naturally occurring, fibrous silicate minerals mined for their useful properties such as thermal insulation, chemical and thermal stability, and high tensile strength.

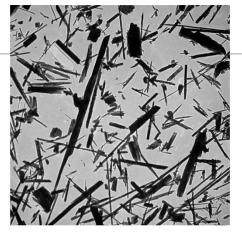


Asbestos mine in Swaziland

Chrysotile and Tremolite Asbestos



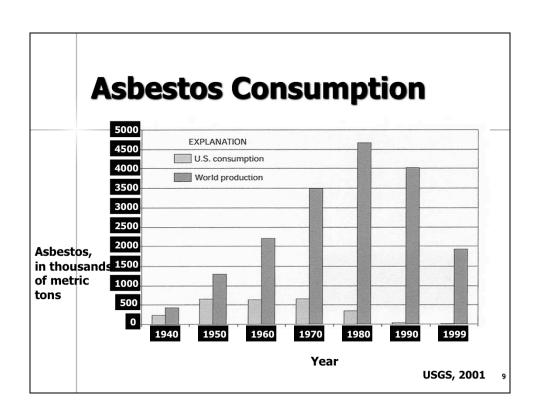


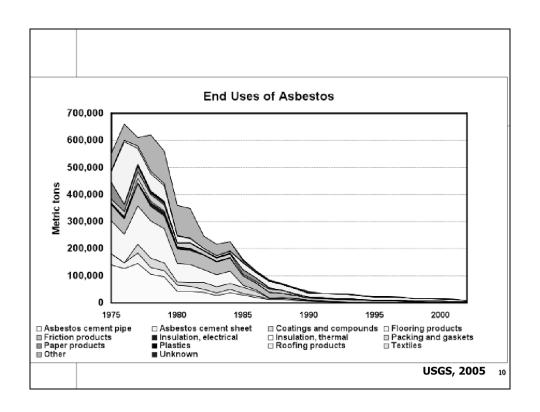


Amphibole fibers are brittle, rod- or needle-like shape. Tremolite is a type of amphibole asbestos.

Asbestos is a Carcinogen

- International Agency for Research on Cancer: Class 1, Carcinogenic to humans
- EPA: Class A, Carcinogenic to humans





Asbestos Containing Building Materials

- About 3500 materials are known to contain asbestos.
- Some products might still contain asbestos (most uses are not banned).
- The following slides show common materials which historically contained asbestos.

11

Some common materials that have been known to contain asbestos. These slides do not show actual ACM representatives, they do represent materials that do, or have in the past, contained asbestos.



Some asphalt based roofing repair materials contain asbestos.

Roofing Shingles, Asphalt Paper



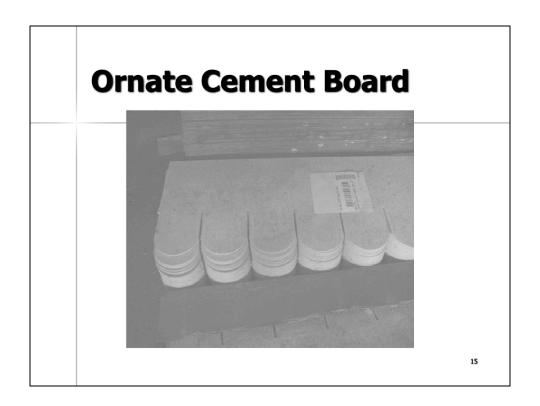


13

Or three tab roofing. A common product for residential dwellings and apartment complexes.



It's what holds your bricks together.



More siding

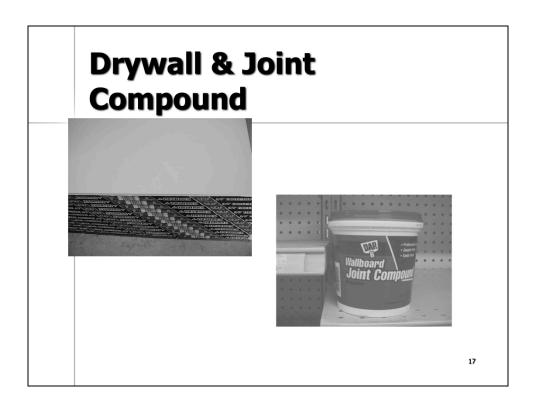
Cement Patching & Caulk



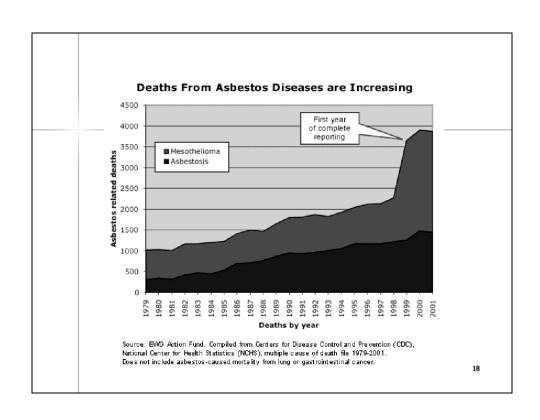


16

Powdered form when mixed with water makes a patching material.

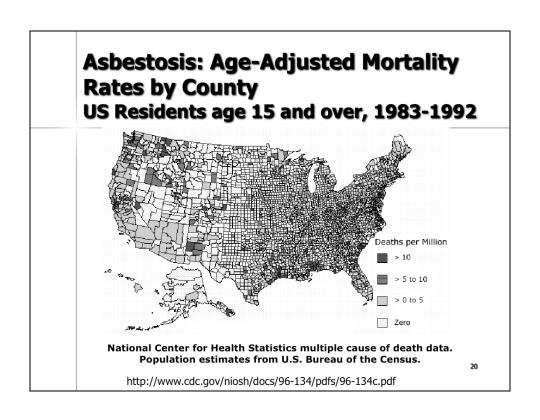


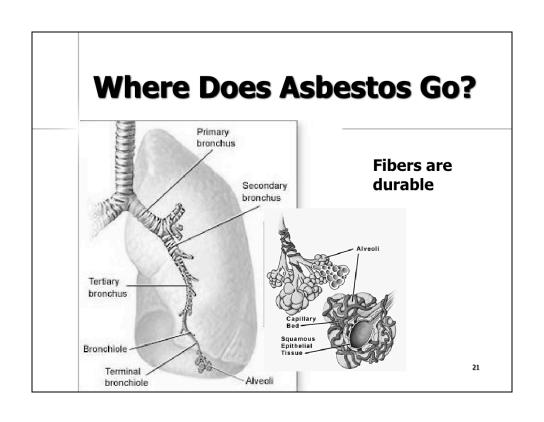
Asbestos fibers help bind it together and resist heat.



Asbestos Diseases

- First recorded asbestos death 1907
- Disease often takes 20-40 years after exposure to occur
- Usually patients have strong history of asbestos exposure



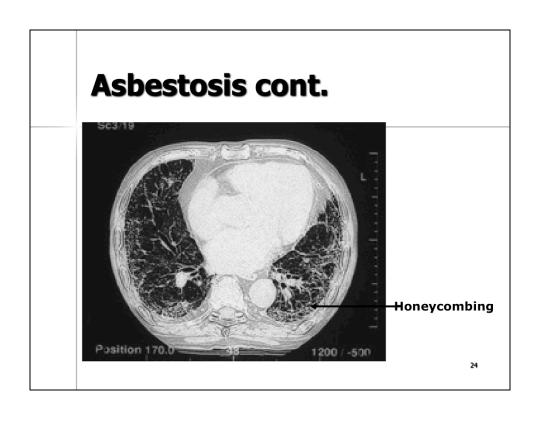


Types of Asbestos Diseases

- Asbestosis
- Lung cancer
- Malignant mesothelioma
- Benign pleural effusion
- Pleural plaques

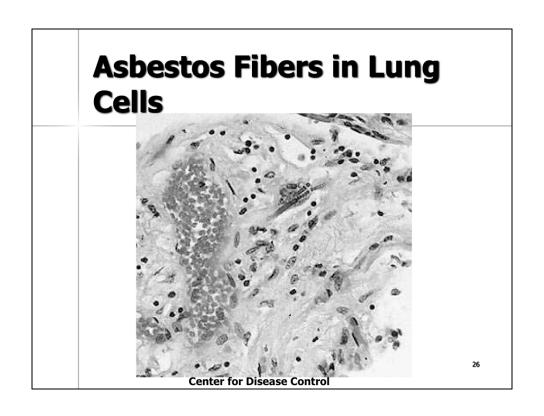
Asbestosis

- Pulmonary fibrosis from asbestos
- Scaring of lung tissue
- Decreases oxygen exchange
- ~200,000 patients diagnosed and
 ~2000 deaths annually
- Shows up 20-30 yr after exposure



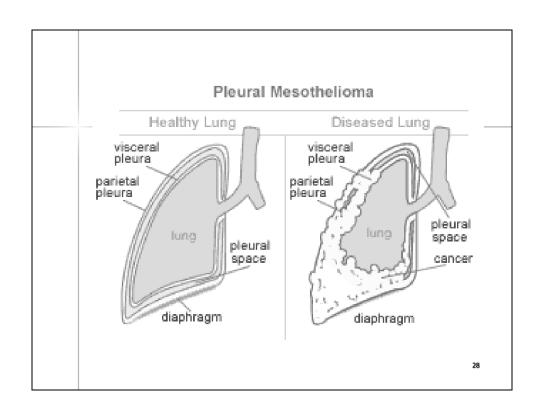
Asbestos and Lung Cancer

- First linked in 1890
- Small cell and non-small cell lung carcinoma
- ~2000-3200 deaths annually
- Synergistic effect with smoking



Malignant Mesothelioma

- Cancer in mesothelium, a protective sac that covers most of the body's internal organs
- ~2000 deaths annually
- Develops 20-40 years after exposure



Benign pleural effusion

- Accumulation of fluid in the outer layer of the lung
- May indicate malignant mesothelioma
- 10-20 years to develop

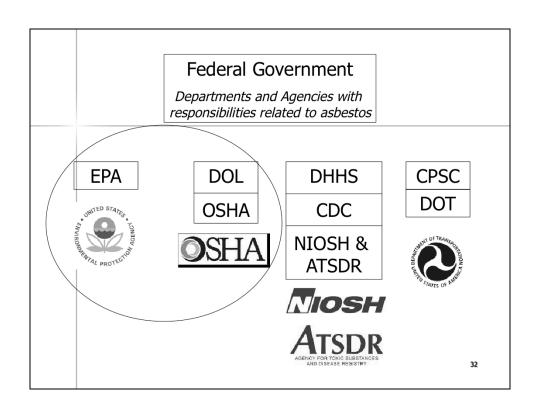
Pleural Plaques

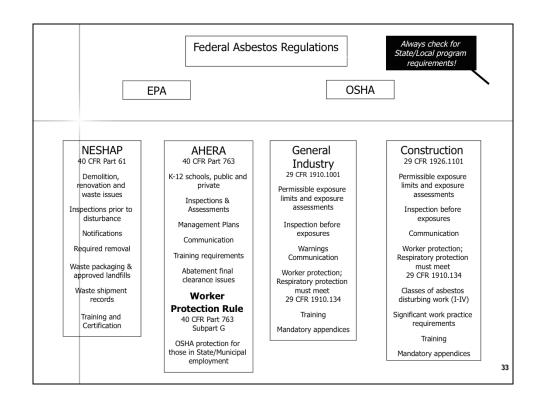
- ~50% of people with asbestosis develop plaques in the parietal pleura
- Collagen deposited in pleura



References on Health Information

- EPA, USGS, American Cancer Society, National Cancer Institute, Center for Disease Control
- Mossman B.T. and Churg, A., Am J Respir Crit Care Med. 1998 May;157(5 Pt 1):1666-80.
- O'REILLY, K.M.A. et al., Am Fam Physician. 2007
 Mar 1;75(5):683-8.
- Upadhyay, D. and Kamp, D.W., Exp Biol Med (Maywood). 2003 Jun;228(6):650-9.





Three primary EPA statutes address asbestos

- Clean Air Act (CAA)
 - Asbestos NESHAP (1970s demolition and renovation)
 - administrative, civil and criminal authority
- Toxic Substances Control Act (TSCA)
 - AHERA (1986 abatement of asbestos in schools)
 - EPA Worker Protection Rule
- CERCLA/Superfund (1980)
 - hazardous substance, pollutant or contaminant
 - extremely broad not limited to fiber type
- OSHA is primarily responsible for worker health and safety
 - 0.1 f/cc (down from 5 f/cc in 1970s) as 8 hour TWA (note that this standard has a risk of 3,400 in 1,000,000)
 - 1 f/cc as 30-minute STEL

Regulatory Issues

- TSCA/AHERA and CAA/NESHAPs are focused on building materials
- CERCLA Remedial Investigations for Asbestos require consideration of unique issues
 - Fibers are complex, not single molecule
 - Analytical methods not standardized
 - Assessment likely involves air sampling
 - 1% is no longer used as a screening level for asbestos (M. Cook Memo)

EPA's Authority Extends to a Broader List of Fibrous Minerals

EPA and OSHA regulations name six types of asbestos - Chrysotile

Tremolite

Actinolite

Anthophyllite

Asbestiform and fibrous minerals not specifically named in regulations

- Chrysotile Winchite/Richterite (other amphibole found in Libby vermiculite)
 - -Taconite (amphibole component as found in MN)
 - -Erionite (as found in OR, ND also Turkey)

Regulatory Responsibilities

- Endangerment
- Enforce all applicable asbestos regulations
 - EPA (NESHAP, AHERA), OSHA, State/Local regulations
- CERCLA/Superfund, RCRA often separate issues from those in the "regulated" community
 - CERCLA hazardous substance, pollutant or contaminant
- NOT restricted to fiber type(s) or specific %
 - >1% does not apply to CERCLA work
- CERCLA/Superfund work examples:
 - Libby, Montana vermiculite issue
 - Natural occurrences of asbestos ("NOA")
 - Land contamination from asbestos waste/debris

Regulatory Issues (cont.)

- Federal & State/Local program regulators enforce the EPA, OSHA, State/Local asbestos requirements on the day-to-day work of the regulated community
 - Asbestos NESHAP and TSCA AHERA are the most common enforcement actions
- CERCLA/Superfund may apply regardless of other regulatory requirements
- Additional details on EPA regulations that deal with asbestos can be found at: http://www.epa.gov/asbestos/pubs/asbreg.html

Comprehensive Environmental Response, Compensation, and Liability Act (1980)

- Referred to as "CERCLA" or "Superfund"
- Provides for EPA authority to cleanup uncontrolled hazardous waste sites
- Failure to comply with the NESHAP or improper handling, storage, or disposal of asbestos may result in NPL listing
- Activities could be in either the Removal or Remedial Programs



Overview of OSHA Requirements

- 29 CFR 1926.1101 is the OSHA standard for demolition of buildings containing asbestos
- Classes of work (I to IV) depend on type of ACM present, asbestos content and activity
- The standard presents training requirements, medical monitoring requirements, respiratory protection requirements, and required work practices
- Air monitoring requirements also are provided (PCM analysis required), but these are for ensuring worker safety and are not intended to replace EPA NESHAPs requirements (includes initial exposure assessment)

OSHA Construction Standard (clearance levels)

1926.1101(g)(4)(ii)(B) The employer shall use another barrier or isolation method which prevents the migration of airborne asbestos from the regulated area, as verified by perimeter area surveillance during each work shift at each boundary of the regulated area, showing no visible asbestos dust; and perimeter area monitoring showing that clearance levels contained in 40 CFR Part 763, Subpt. E, of the EPA Asbestos in Schools Rule are met, or that perimeter area levels, measured by Phase Contrast Microscopy (PCM) are no more than background levels representing the same area before the asbestos work began. The results of such monitoring shall be made known to the employer no later than 24 hours from the end of the work shift represented by such monitoring. Exception: For work completed outdoors where employees are not working in areas adjacent to the regulated areas, this paragraph (g)(4)(ii) is satisfied when the specific control methods in paragraph (g)(5) of this section are used. 41

Demolition practices

- Demolitions must follow the NESHAPs
- Worker protection requirements must be consistent with OSHA (*PCM analysis required*)
- An initial exposure assessment must be done to assess background in areas where abatements have not been completed
- Monitoring is needed for comparison to both TWA and STEL
- Perimeter monitoring results must be compared to background levels (e.g., AHERA Z test)

"NESHAP"

National Emission Standard for Hazardous Air Pollutants

40 CFR, Part 61, Subpart M (Asbestos)

43

What does NESHAP mean?

The Way It Should Work

- For Renovations and Demolitions:
 - Survey
 - Notification
 - Keeping It Wet
 - Handling It Carefully
 - Storing It
 - Transporting It
 - Disposing It
 - Confirming Disposal

44

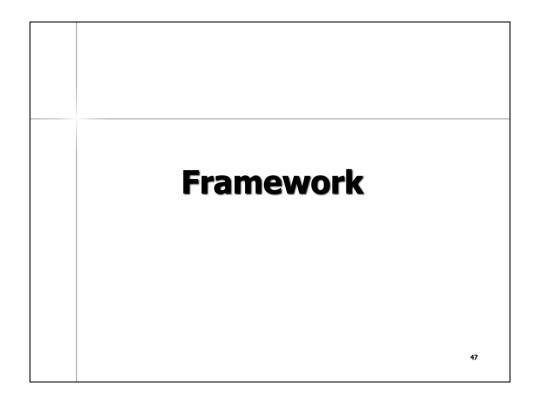
The Main steps to the asbestos and demolition process.

Assessments Needed at Sites Where Demolitions Occurred and NESHAP Was Not Followed

- Follow EPA's Framework for Assessing Asbestos-Contaminated Superfund Sites
 - http://epa.gov/superfund/health/contaminants/ asbestos/pdfs/ framework_asbestos_guidance.pdf
- Consult with EPA's Technical Review Workgroup for Asbestos
 - Remove visible ACM
 - Conduct activity-based sampling
 - Long-term monitoring may be needed
 - TEM analysis required for risk assessment 45

Practical Considerations

- You cannot see asbestos fibers.
- Workers must be alerted to the presence of asbestos in order to protect themselves.
- Surface pickup of ACM is not be adequate to mitigate future exposures.
- Future exposures must be prevented; interim measures are not adequate in the long term.



TRW Asbestos Committee

- Develops new guidance for site assessment at hazardous waste sites contaminated by asbestos
- Provides site consultation in support of Regional requests for technical assistance
 - The committee is available to provide sitespecific support to application of the framework
- Identifies research needs—data gaps in asbestos site assessment and risk assessment

48

Asbestos Committee is a group of EPA experts who provide support for asbestos site and risk assessment in the Superfund program.

Background - Cleanup versus Risk-Based -

- 1% in soil historically used as clean-up level – NOT risk-based
- August 2004 Cook memo rescinded 1%
 - Regions should develop <u>risk-based</u>, sitespecific action levels based on air concentrations
 - "an accurate exposure value could only be determined through site sampling techniques that generate [airborne] fibers from soil"

49

The committee was charged with developing guidance to fill the gap created in asbestos site assessment by the Cook memo.

To provide guidance concerning assessing sites using a risk-based approach.

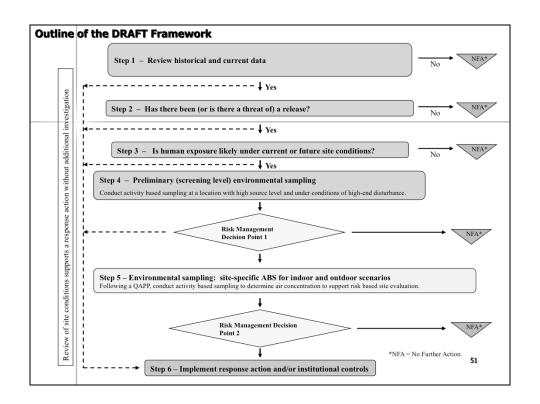
Why Doesn't 1% Work?

- Asbestos NOT uniformly distributed in soil
 - 2 aliquots of same soil sample can yield vastly different asbestos concentrations (ND to > 1%)
- Risk assessment CANNOT predict inhalation exposure & risk from soil concentration using 1% because
 - soils w/ asbestos levels below 1% can create high risk inhalation exposures when disturbed
 - "1 percent threshold for asbestos in soil/ debris . . . may not be protective of human health in all instances"

50

1% cannot be used because:

- 1. Different activities on the same soil sample can yield vastly different airborne asbestos concentrations (ND to >1%)
- 2. Risk assessment can NOT predict inhalation exposure and risk from soil concentration using models. At sites soils w/ asbestos levels below 1% have shown high risk inhalation exposures when disturbed. "1 percent threshold for asbestos in soil/debris . . . may not be protective of human health in all instances"



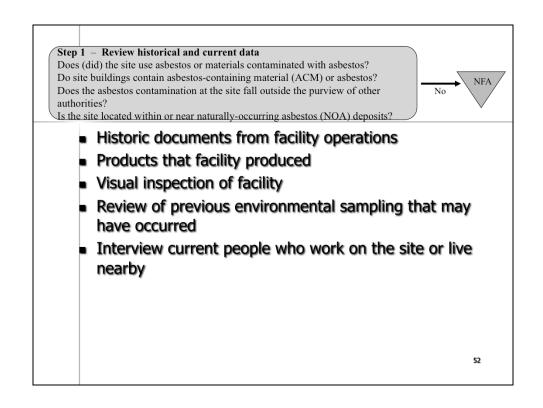
Recommended framework for investigating and evaluating the potential for asbestos exposure

Recommended for Removal and Remedial sites

Addresses outdoor and indoor exposures

Uses the latest analytical methodologies

Risk managers can choose to take response action at any point along the framework



Is asbestos an issue at the site?

What historic documents from facility operations are available for review that can provide information regarding potential for asbestos exposure?

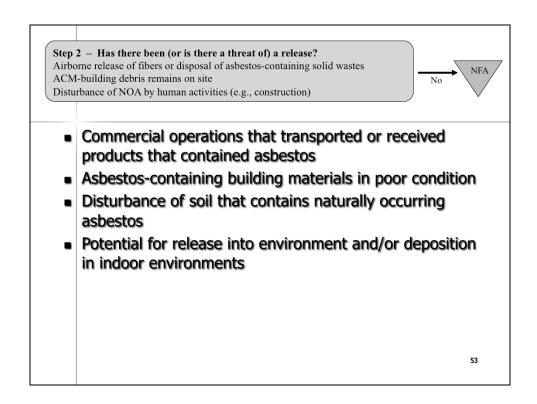
How long were operations conducted?

What products did the facility produce?

What is seen by the naked eye? Later slides will show raw asbestos.

Did any previous environmental sampling occur? If so when? What were the results? Are the results available?

Query the present workers and nearby residents if historical record is incomplete.

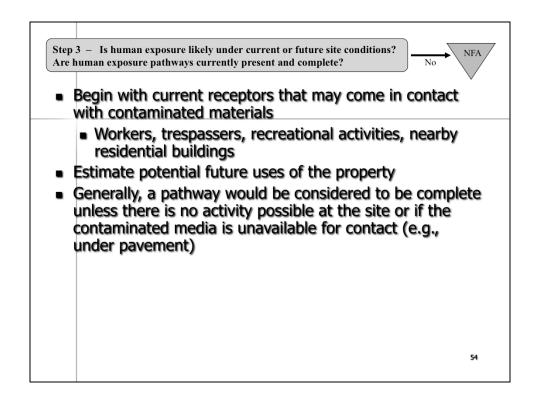


Is there a threat of release or has a release occurred?

What materials containing asbestos were transported in or out?

What are the conditions of the ACM?

What human activities are causing soil disturbance or uncontrolled release?

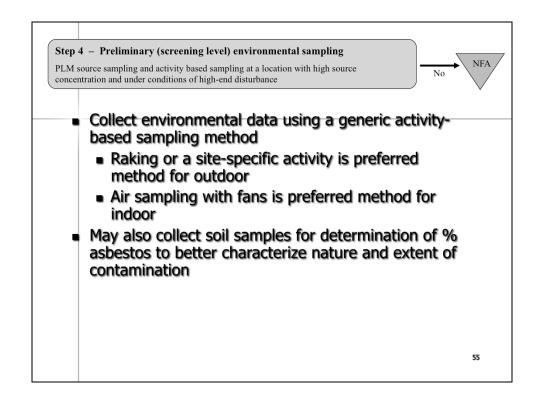


Is there a complete human exposure pathway (current or future)?

Assume exposure pathway is complete unless it can be ruled out.

Who can be exposed?

Is it possible there will be no exposure due to no activity on the site? How will the property by used in 5 years, 10 years, 20 years, or more? Is it possible the contaminated media has been covered? Will it continue to be covered in the future?

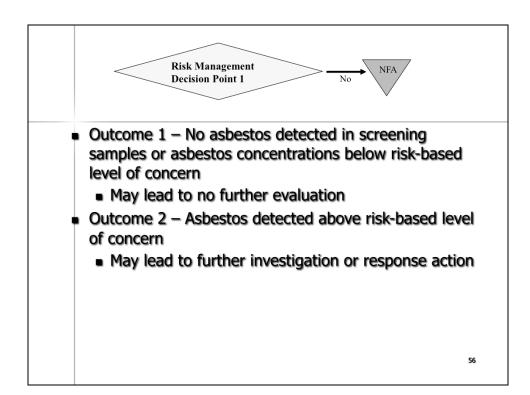


First sampling step is preliminary characterization of exposure potential. If RME exposure scenario is used to assess area where highest soil/dust concentration of asbestos is expected, results would be expected to be on high-end of exposure for site. This is a screening step.

Collect outdoor data using common sampling methods that disturb the soil. An RME exposure scenario (activity) is recommended, such as raking. Although most likely activity may also be appropriate (playing or biking).

Activity based sampling is recommended for areas of site where asbestos contamination is expected to be highest.

Soil sampling is suggested to supplement and provide additional site information.



Step 4 sampling is intended to be high end. If the results of preliminary sampling show no exposure, then users can decide that no further evaluation is needed

If asbestos exposure is found or the results are uncertain, the committee recommends additional site characterization or a response action to prevent exposure.

Step 5 – Environmental sampling: site-specific activity based sampling (ABS) for indoor and outdoor scenarios

Following a QAPP, conduct activity based sampling to determine air concentration to support risk based site evaluation

- Collect more site-specific data to determine appropriate response
 - Use of actual site-specific scenarios that are expected to occur on the site (RME)
 - Samples collected over a larger area and/or frequency of sampling increases to obtain a better estimate of site-wide exposures

57

This step recommends more detailed and specific sampling at the site to more fully characterize exposure.

This step supports risk-based site evaluation by

- -Following a QAPP
- -Conducting ABS using actual or anticipated expected scenarios
- -Collecting more site-specific data and expand sampling to larger area



- Outcome 1 Estimates of exposure <u>below</u> risk-based level of concern
 - No further evaluation recommended
- Outcome 2 Estimates of exposure are <u>above</u> riskbased level of concern
 - Remedial action recommended
- Outcome 3 Estimates of exposure do not provide adequate level of comfort
 - Additional evaluation may be needed

58

The results of step 5 provide users with asbestos exposure results from more detailed ABS.

Those data provide information to make a decision comes from 3 choices:

Results are uncertain and more evaluation is needed

OR

No further evaluation because exposure was below a level of concern OR

Response action is recommended because exposure was above a level of concern

Step 6 – Implement response action and/or institutional controls

- Variety of options are available
 - Remove soil or contaminated material
 - Install a permanent cap over the contaminated areas
 - Place institutional controls on the property that restrict use (and therefore exposure) to the contaminated areas
 - Combination of above

59

Response actions (including ICs) are used to prevent exposure to contaminated soil/dust at the site.

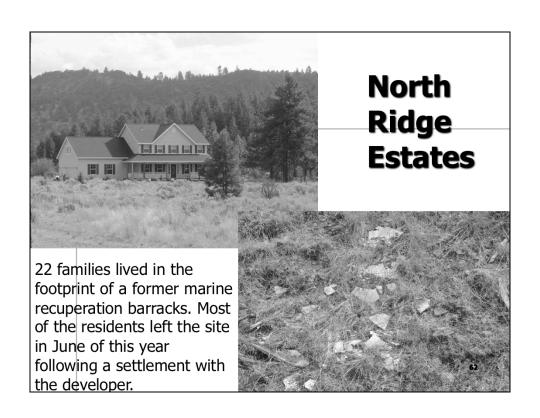
- -Remove the soil or dust
- -Install a cap
- -Place ICs
- -Combination of the above

The determination of appropriate response action is a risk management decision.

Key Recommendations: The Framework

- Is risk-based investigation of exposure
- Is applicable to removal and remedial sites
- Addresses outdoor and indoor exposures
- Uses the latest sampling analytical methodologies
- Allows users to take response action at any point in the process

A Case Study NORTH RIDGE ESTATES	
	61



"Air Cell" Insulation

- Pre-formed, cardboardlike insulation.
- Lower heat applications (hot water pipes, radiators).
- Banned in 1975 for manufacturing.
- Some relatively intact pieces found on-site.

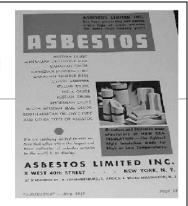




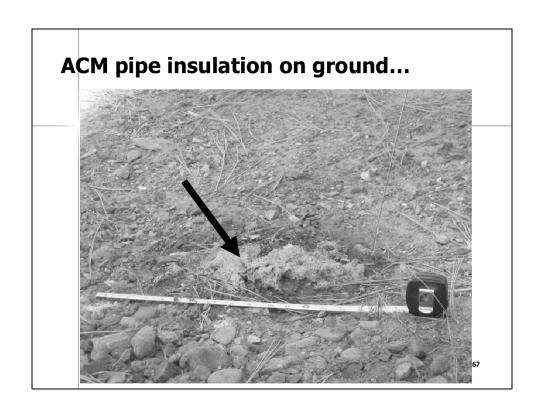


"Mag Block" Magnesium Calcium Silicate Insulation

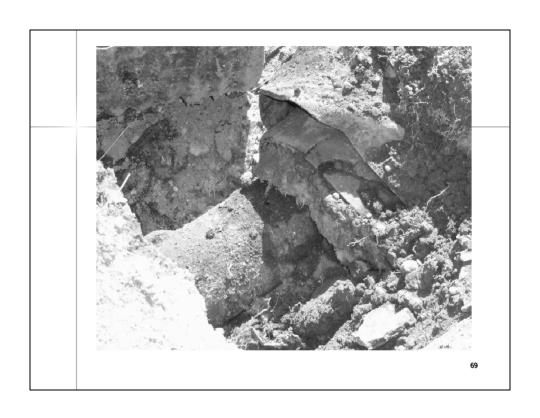




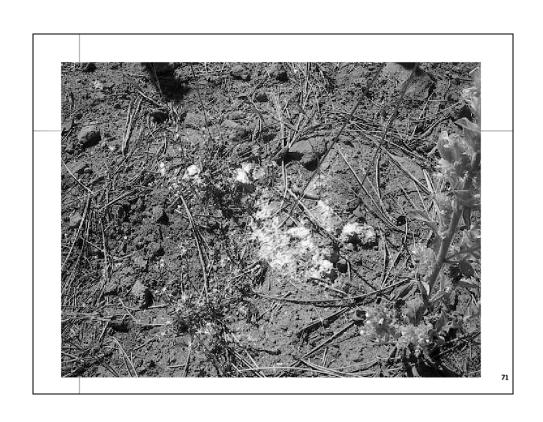
- Typically pre-formed.
- Used for high temperature applications (boilers, piping).
- Banned in 1975 for manufacturing.
- On-site heavily weathered.

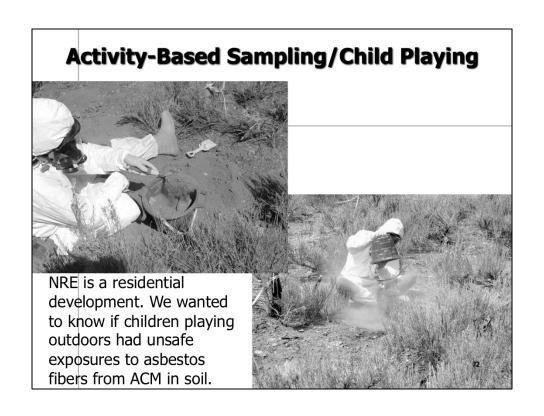












Activity-Based Sampling/Weed-Whacking: NRE residents specifically asked if it was safe to trim weeds in the forest fire-prone area.



Rototilling



Ambient air monitoring





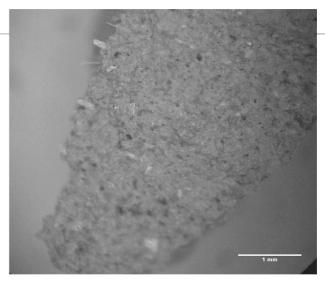
One of Two Current Repositories at North Ridge Estates

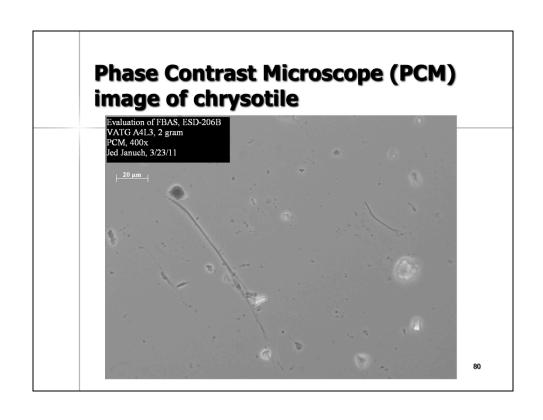


Analytical Methods

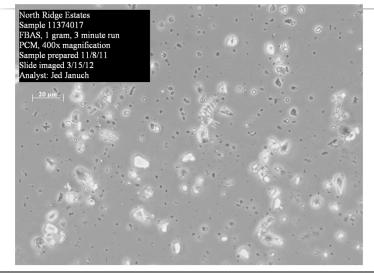
- PCM Phase contrast microscopy
- PLM Polarized light microscopy
- TEM Transmission electron microscopy
- SEM Scanning electron microscopy

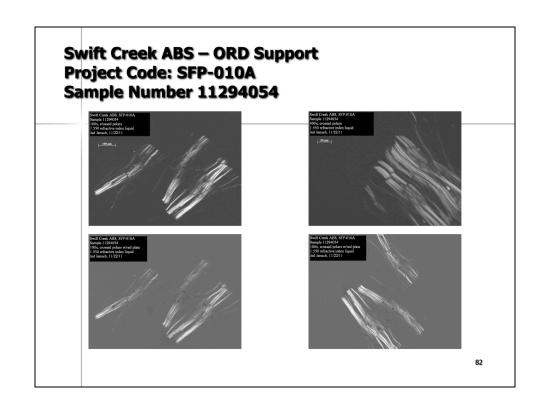
Stereomicroscope image of fiber bundles in soil from the Sumas Mountain Asbestos Site

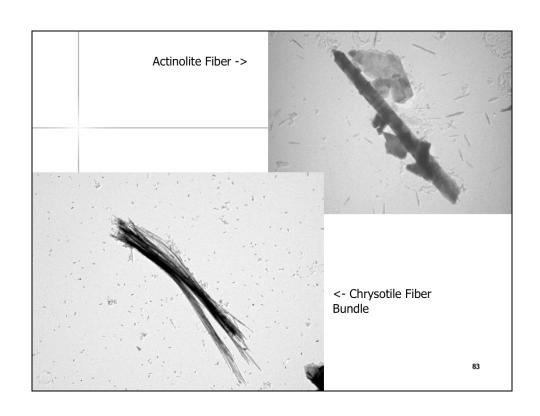




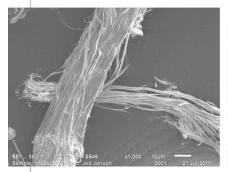
Phase Contrast Microscope (PCM) image from North Ridge Estates

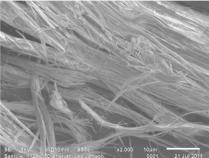






SEM Images of Chrysotile from the Sumas Mountain Asbestos Site, Whatcom County, WA





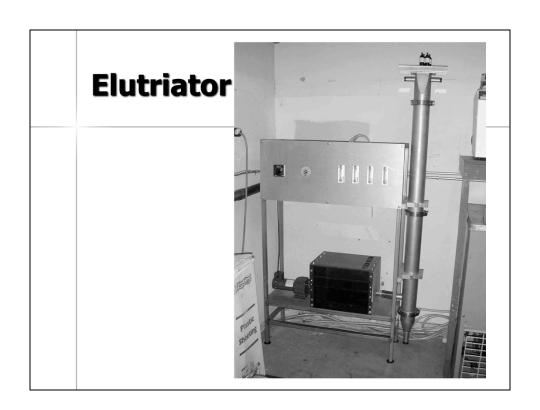
Asbestos in Soil

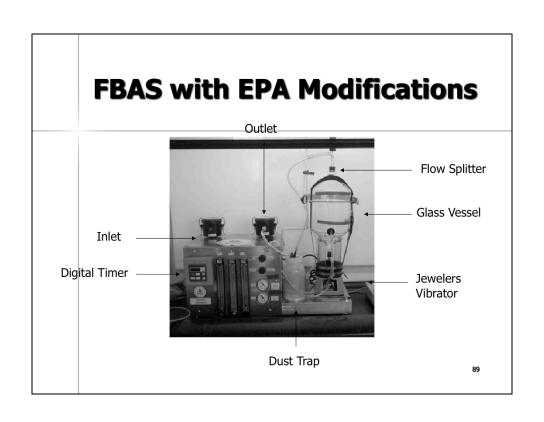
- Emerging issue affecting a broad spectrum of sites
 - Libby sister sites
 - Spokane and Portland (in Region 10)
 - North Ridge Estates
 - Dawson Trucking
 - Swift Creek
 - El Dorado, Chicago Beaches, Fairfax County, Georgia, etc.

Asbestos in Soil

- Requires new methods to evaluate exposure and risk
 - Soil methods (PLM, TEM)
 - Glovebox
 - Elutriator
 - Fluidized Bed Asbestos Segregator (FBAS)
 - Releasable Asbestos Field Sampler (RAFS)
 - Activity-based sampling techniques









Websites and Literature

EPA Asbestos Home Page

http://www.epa.gov/asbestos/index.html

IRIS – Asbestos

http://www.epa.gov/iris/subst/0371.htm

ATSDR Asbestos profile

http://www.atsdr.cdc.gov/toxprofiles/tp61.html

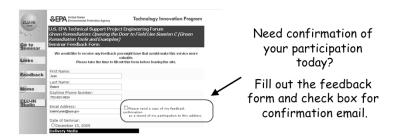
■ EPA's Technical Review Workgroup for Asbestos

http://www.epa.gov/superfund/health/contaminants/asbestos/index.htm

Journal articles and asbestos documents available on request for reference

Resources & Feedback

- To view a complete list of resources for this seminar, please visit the **Additional Resources**
- Please complete the <u>Feedback Form</u> to help ensure events like this are offered in the future



New Ways to stay connected!

- Follow CLU-IN on Facebook, LinkedIn, or Twitter
 - https://www.facebook.com/EPACleanUpTech
 - https://twitter.com/#!/EPACleanUpTech
 - http://www.linkedin.com/groups/Clean-Up-Information-Network-CLUIN-4405740