

# National Institute for Occupational Safety and Health Update

SRP Progress in Research May 17, 2024

Elizabeth H. Maples, PhD, CIH Program Official Office of Extramural Programs

# **Objectives**

- Overview of NIOSH
- Programs and Initiatives
- Product Highlights
- NIOSH Training Portfolio
  - Opportunities for Collaboration



# **US Occupational Safety and Health**

Regulation/Enforcement/ Research/Recommendations/Training Consultation Department of Labor Department of (DOL) Health and Human Services (HHS) Centers for Disease Occupational Mine Safety Control and Prevention (CDC) and Health Safety and Health Administration Administration (OSHA) (MSHA) National Institute for Occupational Safety and Health (NIOSH)

### **NIOSH**

Mission: To develop new knowledge in the field of occupational safety and health and to transfer that knowledge into practice.

Vision: Safer, Healthier Workers

Science at Work for People at Work



# What President signed the OSH Act of 1970?

### **NIOSH Locations**

Washington, DC Atlanta, GA Cincinnati, OH Morgantown, WV Pittsburgh, PA Spokane, WA Denver, CO Anchorage, AK



Approx. 1,100 Staff + 1,000 contractors/fellows

# **Programs and Initiatives**

# **Center for Motor Vehicle Safety**

- Leading cause of worker injury death
- Research to identify causes and effective interventions
- Actionable information

Pickup driver with lengthy record held in Florida bus crash that killed 8 Mexican farmworkers

# **Center for Work and Fatigue Research**













### Mission

- Raising awareness of different sources of worker fatigue
- Methods to assesses workplace fatigue-risk
- Strategies to reduce risks associated with workplace fatigue

### Highlights

- Training for Nurses on Shift Work and Long Work Hours
- How to Choose the Right Fatigue Detection
   Technology for Your Workplace (cdc.gov)

Work and Fatigue: About the Center | NIOSH | CDC

# **Center for Occupational Robotics Research**

#### Mission

 Provide scientific leadership to guide the use of occupational robots that enhance worker safety health and well-being.



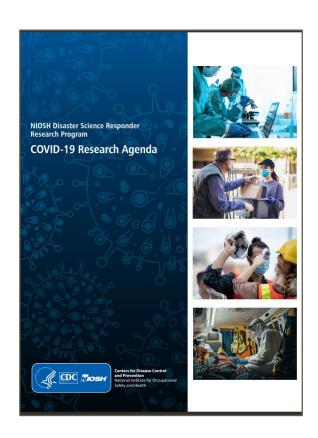
Photo by © 2016 nd3000/Getty Images

### Highlights

- OSHA/NIOSH/Robotic Industries Association <u>Alliance</u>
- Case studies of robots and automation as health/safety interventions.

# **Emergency Preparedness and Response Program**

- Prepares for, responds to, and supports research on chemical, biologic, radiologic and natural disasters
- Integrates and evaluates occupational safety and health topics to protect response and recovery workers
- Coordinates NIOSH participation in CDC response with a worker focus
  - COVID-19, Monkeypox



# Health Hazard Evaluation (HHE) Program

- Provides authoritative assistance in evaluating new and recurring workplace hazards
- Can be requested by employers, unions, and employees
- No charge
- Dependent on knowledge of hazard or illness, may involve site visits, interviews, medical examinations, etc.



Evaluation of Coccidioides
Exposure and
Coccidioidomycosis Infections
Among Warehouse and
Distribution Employees

HHE Report No. 2019-0074-3376 November 2020



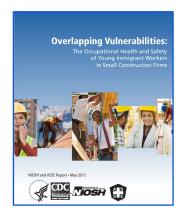
Health Hazard Evaluations (HHEs) | NIOSH | CDC

# **Occupational Health Equity Program**

Promotes research, outreach, and prevention activities that reduce health inequalities for workers who are at higher risk for occupational injury and illness as a result of social and economic structures historically linked to discrimination or exclusion

### Highlights

Prevalence of workplace discrimination and mistreatment in a national sample of older U.S. workers



### **Future of Work Initiative**



- Compiles studies on the future of work
- Promotes research in new technologies, industries
- Connects trends in workplace, work, and workforce to OSH
- Webinar Series

### Science-based Recommendations

### Scientific Literature

**Documents Targeted** to Stakeholders

#### Drug overdose deaths at work, 2011–2016

Hope M Tiesman . <sup>1</sup> Srinivas Konda. <sup>1</sup> Lauren Cimineri. <sup>2</sup> Dawn N Castillo <sup>1</sup>

<sup>1</sup>Division of Safety Research, National Institute for Occupational Safety and Health. Centers for Disease Control and Prevention (CDC/NIOSH) Morgantown, West Virginia.

<sup>2</sup>World Trade Center Health Program, NIOSH, Washington, DC. USA

#### Correspondence to

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Received 7 December 2018 Revised 25 February 2019 Accepted 1 March 2019 **Published Online First** 10 April 2019

Drug overdose fatalities have risen sharply and the impact on US workplaces has not been described. This paper describes US workplace overdose deaths between 2011 and 2016. Drug overdose deaths were identified from the Census of Fatal Occupational Injuries and fatality rates calculated using denominators from the Current Population Survey, Fatality rates were compared among demographic groups and industries. Negative binomial regression was used to analyse trends. Between 2011 and 2016, 760 workplace drug overdoses occurred for a fatality rate of 0.9 per 1 000 000 fulltime equivalents (FTEs). Workplace overdose fatality rates significantly increased 24% annually. Workplace overdose fatality rates were highest in transportation and mining industries (3.0 and 2.6 per 1 000 000 FTEs, respectively). One-third of workplace overdose fatalities occurred in workplaces with fewer than 10 employees. Heroin was the single most frequent drug documented in workplace overdose deaths (17%). Workplace overdose deaths were low, but increased considerably over the six-year period. Workplaces are impacted by the national opioid overdose epidemic.

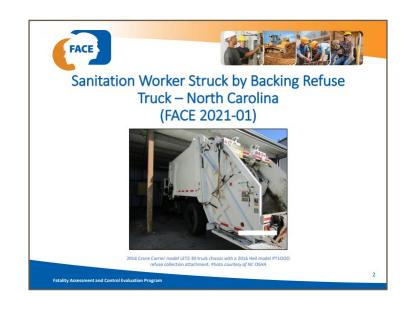
absenteeism, positive drug tests, workplace injuries, and workplace overdoses,2 A better understanding of the inter-relationships between drug use and the workplace is important for several reasons. First, the overwhelming majority of overdose deaths are in those of working age (ie, 15-64 years of age).1 Second, studies have found that the use of certain drugs, mainly opioids, after a work-related injury is associated with long-term disability and the loss of productive life.3 This paper adds to the scientific literature by enumerating and describing overdose deaths of workers occurring in US workplaces between 2011 and 2016, which has not been previously described. This paper describes all drug overdoses, but highlights those associated with opioids since opioids account for the greatest percentage of overdose deaths. In 2016, 66% of drug overdose deaths involved an opioid.

Drug overdose deaths in US workplaces between 2011 and 2016 were identified from the most recent data from the Bureau of Labor Statistics'

DRUG OVERDOSE DEATHS AT WORK The number of drug overdose deaths at work is rising The top 3 industries with the highest numbers of drug overdose deaths at work from 2011-2016\* What do we know about drug overdose deaths at work? What don't we know about drug overdose Most overdose deaths at work were from opioids deaths at work? Opioids are drugs commonly used to reduce pain and can be prescribed or used without a medical reason . The circumstances for substance use . If the drup use was and other substances Examples: opioids prescribed for work-related back pain, and injury and rain workers using substances to deal with work-related stress Employers: You can take steps to prevent worker drug overdose ☐ Identify and remove workplace dangers Protect workers who do obssically demanding jobs from ☐ Educate yourself on how you can support a worker with a substance use disorder ☐ Educate employees on risks for substance use and overdose Work with your local Consider implementing a program to make natowone available in the workplace in the event of an opioid overdos Nationane is a life-saving medication that can reverse the effects of an opioid overdose National Safety Council Employer Toolki cdc.gov/niosh/topics/opioids cdc.gov/opioids U.S. Chamber of Commerce

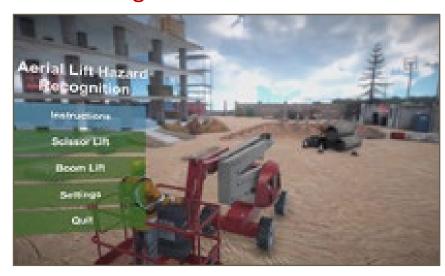
# **Fatality Assessment and Control Evaluation (FACE)**

- Began in 1982
- Non-regulatory researchbased investigations
- In 8 states
- > 2,700 fatality reports
- Summary documents & slides for training



### **Interactive Tools**

# NIOSH Aerial Lift Hazard Recognition Simulator



Falls in the Workplace: Aerial Lifts | NIOSH | CDC

# Mast Climbing Work Platform Daily Inspection Walkthrough Tool



Falls in the Workplace: Mast Climbing Work Platforms | NIOSH | CDC

# **NIOSH Apps**



**PPE Tracker** 



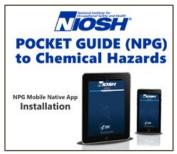
Heat Safety (OSHA/NIOSH)



Ladder Safety



NIOSH Lifting Equation Calculator



Mobile Pocket Guide



Sound Level Meter

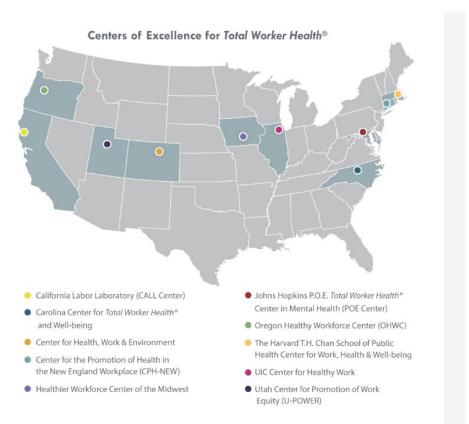
### **KEEPING APPRISED OF NIOSH RESEARCH**

- National Institute for Occupational Safety & Health | NIOSH | CDC
- NIOSH eNews | NIOSH | CDC
- NIOSH National Institute for Occupational Safety and Health | Facebook
- NIOSH (@nioshusa) Instagram photos and videos
- 38 Workplace Safety and Health ideas | workplace safety and health, workplace safety, workplace (pinterest.com)
- NIOSH (@NIOSH) /x
- Workplace Safety and Health YouTube

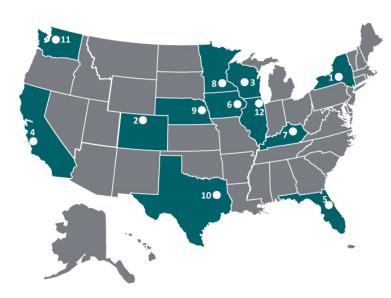
# Office of Extramural Coordination & Special Projects Director, Dawn N. Castillo, MPH

Mission: is to lead and support national occupational safety and health research and training programs to reduce work-related injuries and illnesses through a diversified portfolio of high-quality extramural research, education, and training in collaboration with global partners.

### **Total Worker Health® Centers**



# **NIOSH Agricultural Safety & Health Centers**



Northeast Center for Occupational Health and Safety (Bassett Healthcare Network)

High Plains Intermountain Center for Agricultural Health and Safety (Colorado State University)

National Children's Center for Rural and Agricultural Health and Safety (National Farm Medicine Center)

Western Center for Agricultural Health and Safety (University of California, Davis)

Southeastern Coastal Center for Agricultural Health and Safety (University of Florida)

Great Plains Center for Agricultural Health (University of Iowa) Southeast Center for Agricultural Health and Injury Prevention (University of Kentucky)

Upper Midwest Agricultural Safety and Health Center (University of Minnesota)

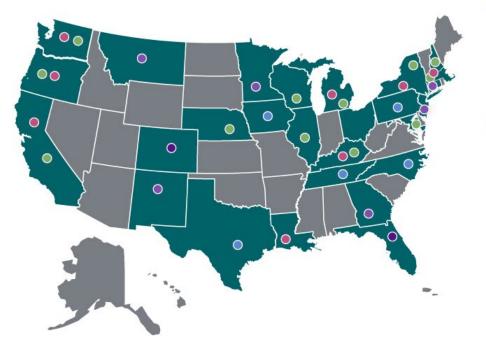
Central States Center for Agricultural Safety and Health (University of Nebraska Medical Center)

Southwest Center for Agricultural Health, Injury Prevention and Education (University of Texas Health Science Center at Tyler)

Pacific Northwest Agricultural Safety and Health Center (University of Washington)

Great Lakes Center in Illinois

# NIOSH State Occupational Health & Safety Surveillance Program



#### Fundamental Programs

North Carolina Pennsylvania Tennessee Texas

#### Fundamental-Plus Programs

Connecticut Georgia Minnesota Montana New Jersey New Mexico

#### Expanded Programs

California
Kentucky
Illinois
Maryland
Massachusetts
Michigan
Nebraska
New Hampshire
New York
Oregon
Washington
Wisconsin

#### Fatality Assessment & Control Evaluation

California Kentucky Louisiana Massachusetts Michigan New York Oregon Washington Extramural Workforce

Development: Conference Grants |

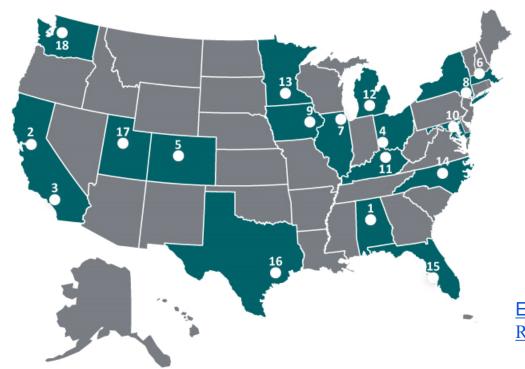
NIOSH | CDC

Extramural Workforce Development:
Research Grants | NIOSH | CDC



# NIOSH Training Grant Portfolio Education & Research Training Grants Training Project Grants

### NIOSH Education & Research Centers (ERCs)



University of Alabama at Birmingham

University of California, Berkeley

University of California, Los Angeles

University of Cincinnati

University of Colorado Denver

Harvard University

University of Illinois at Chicago

Icahn Mount Sinai School of

Medicine

University of Iowa

Johns Hopkins University

University of Kentucky

University of Michigan

University of Minnesota

University of North Carolina at

Chapel Hill

University of South Florida

University of Texas Health and Science Center at Houston

University of Utah

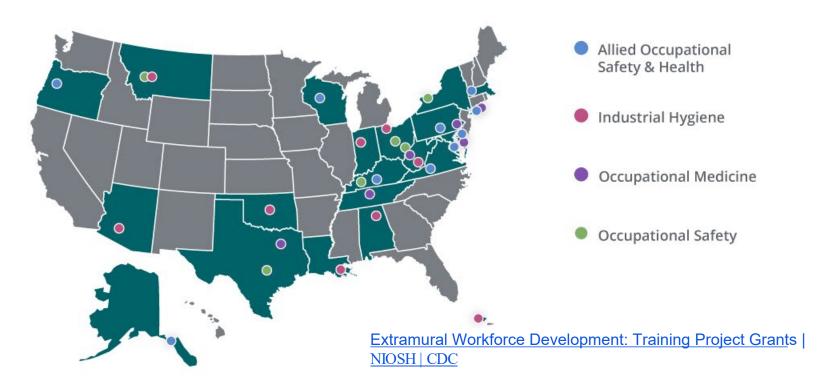
University of Washington

Extramural Workforce Development: Education & Research Centers Portfolio | NIOSH | CDC

# **ERCs:** Regional Presence

- Evaluation & Planning
- Interdisciplinary Activities
- Emerging Issues/Developmental Program Support
- Research Training Core
- Outreach
- Continuing Education
- Academic Programs
  - Minimum of 3
  - 2 of 3 Required: Core disciplines of Industrial Hygiene, Occupational Health Nursing, Occupational Medicine, Occupational Safety

### NIOSH Training Project Grants (TPGs)



### **TPGs**

- Academic: Core disciplines, Allied disciplines
  - Risk Control, Occupational Health Psychology, Ergonomics
  - Undergraduate, Graduate, Post-graduate (Occupational Medicine)

- Non-academic:
  - Firefighters, International Association of Fire Fighters
  - Occupational Health Internship Program, ACOEM
  - Marine Safety, AMSEA

### **TPGs: Academic & Non-academic**

- Academic: Core disciplines, Allied disciplines
  - Risk Control, Occupational Health Psychology, Ergonomics
  - Undergraduate, Graduate, Post-graduate (Occupational Medicine)

- Non-academic:
  - Firefighters, International Association of Fire Fighters
  - Occupational Health Internship Program, ACOEM
  - Marine Safety, AMSEA

### ERC & TPG Graduates Period 07/01/2022 – 06/30/2023

	ERC	TPG	Total
Occupational Safety	142	68	210
Industrial Hygiene	74	60	134
Occupational Medicine	36	13	49
Occupational Health Nursing	36	0	36
Allied OSH	80	43	123
Total	368	184	552

# ERC & TPG Placement Period 07/01/2022 – 06/30/2023

	ERC	TPG
Occupational Safety	99%	96%
Industrial Hygiene	100%	98%
Occupational Medicine	100%	92%
Occupational Health Nursing	100%	na
Allied OSH	92%	100%
Total	98%	97%

# **NIOSH ERCs Continuing Education & Outreach**

- Last year CE
  - 1424 courses
  - Across disciplines
  - Collaboration
  - Webinar serie

- Outreach
  - Vunerable workers; increase awareness

- Emerging contaminant(s) PFAS in the occupational setting of firefighting
  - A major concern of the AZ fire service is exposure to per- and polyfluoroalkyl substances (PFAS). Exposure to some PFAS congeners has been linked to cancer, cardiovascular disease, and other diseases. Perfluorooctane sulfonic acid (PFOS), a PFAS congener generally found at the highest levels in serum, has been linked to epigenetic modifications and altered immune response. As part of a larger study requested by AZ firefighters, we measured serum PFAS levels and collected survey information on potential occupational exposures, then conducted exploratory analyses to determine which factors exhibited significant relationships with serum PFOS levels.
  - University of Arizona Industrial Hygiene Graduate Program, NIOSH Trainee Regan Conner, Mentor: Dr. Jeff
     Burgess AIHA Connect 2024; Home | Firefighter Collaborative Research Project (arizona.edu);

### Air Quality in Homes and Childhood Obesity

"Currently, 22.4% of children and adolescents are obese — nearly 17 million children — and rates of obesity are increasing in all age groups in the pediatric population," said Maggie Murphy, Ph.D., an assistant professor and registered dietitian in the Department of Pediatrics in the <u>UK College of Medicine</u> and the principal investigator of the study, funded by the National Institute of Environmental Health Sciences (NIEHS), part of the <u>National Institutes of Health (NIH)</u>.

"Our goal with this research is to address a significant public health issue by understanding and identifying environmental exposures in a vulnerable, high-risk group of rural children to develop new treatments to improve their health," said Murphy.

- This study brings together expertise in the colleges of Medicine, <u>Education</u> and the <u>Martin-Gatton College of</u>
  <u>Agriculture, Food and Environment</u>. The study team includes John Bauer, Ph.D., vice chair of research and professor in the Department of Pediatrics; Stefan Kiessling, M.D., the chief of the Division of Pediatric Nephrology; Jody Clasey, Ph.D., the director of the Body Composition Core Lab; and Wayne Sanderson, Ph.D., a professor in the Department of Biosystems and Agricultural Engineering and director of the Central Appalachian Regional Education Research Center.
- UK researchers to study how air quality impacts high-risk rural children | UKNow (uky.edu)

### Evaluate Microplastics Exposures from Synthetic Athletic Surfaces

Researchers at the University of Kentucky (UK) are collaborating with ERC faculty and trainees to investigate microplastic exposures at playing fields and thoroughbred racing surfaces.

The ERC role is to develop the sampling techniques and recruit the sites to participate. This work is partially funded by UK Pilot funds, but ERC trainees are working in the field and lab now to develop the protocol for collecting and analyzing samples. There is little literature on this and so techniques for sampling and analysis are being developed.

Study of Infection Control and Practice Behaviors among Career and Volunteer Fire in Rural Kentucky

- Faculty and TPG trainees from the Western Kentucky University Training Project Grant surveyed 444 firefighters, both career and volunteer, in rural Kentucky to analyze their exposure to biological agents. The study aimed to assess firefighter knowledge and practices regarding infection control. Findings underscore the necessity for training on infection control policies to enhance practice behaviors during emergency calls and in dayroom settings. Results suggest that strategies are needed to improve the culture of personal protective equipment (PPE) use and training for selecting appropriate PPEs for various emergency response scenarios.
- Sanyang, E, Adams, A. (TPG trainee), Taylor, R., McDonald, V. (TPG Trainee), Macy, G. & Basham, J. (2024). Knowledge of infection prevention and control and practice behaviors among career and volunteer firefighters in rural communities. *Merits*, 2024, *4*, 146-158. <a href="https://doi.org/10.3390/merits4020011">https://doi.org/10.3390/merits4020011</a>

Bionic Leg Developed by Rocky Mountain Center for Occupational & Environmental Health (RMCOEH)

The bionic leg was recognized by TIME magazine as one of the "Best Inventions of 2023" - the list was a compilation of technologies and developments that the publication says are "changing how we live."

Tommaso Lenzi, PhD, a professor within the University of Utah's Department of Mechanical Engineering and the director of RMCOEH's Ergonomics and Safety program, has led the development of the bionic leg. A number of RMCOEH trainees, as well as other students within the Department of Mechanical Engineering, have also contributed to the project, as well as Lenzi's other bionics research.

Rocky Mountain Center for Occupational and Environmental Health - Bionic leg developed by RMCOEH faculty one of TIME's 'Best Inventions of 2023'

Collaboration! Total Worker Health Certificate Program with The Oregon Healthy Workforce Center, University of Washington and Portland State University

This certificate program offers working professionals and students an understanding of the Total Worker Health® approach. It provides information on the key determinants of physical and psychological health encountered at work, and demonstrates how to be better equipped to act on these determinants as part of an interdisciplinary workplace team. Participants will gain skills to improve worker health and well-being and better support organizational and human capital sustainability, success, and productivity.

The enrollment of this certification program has increased by 133% since its first offering a year ago.

https://oshce.uw.edu/sites/default/files/documents/Total%20Worker%20Health%20certificate%202023%208-8-23.pdf

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For more information, contact CDC 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov



John Talty, Program Official, NIOSH ERCs and TPGs

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

